

UNIT 1

SUMMER HOLIDAYS

1. Read the definition and match.

- | | | | |
|------------|---|---|---|
| climbing | • | • | you go up big rocks or walls using your hands and feet |
| hiking | • | • | you walk through the woods and hills to explore |
| cycling | • | • | you stand on a cool board and ride the waves |
| sailing | • | • | you hit a ball over a net |
| surfing | • | • | you wear a mask and a tube to breath and explore the underwater |
| volleyball | • | • | you ride a bike |
| camping | • | • | you go on a boat adventure |
| snorkeling | • | • | you have an outdoor sleepover |

2. What are they? Listen and write. Then, listen and repeat.



3. Listen and tick. Which of these items does Mark pack?

- | | |
|---------------------------------------|---------------------------------------|
| ☐ towel | ☐ compass |
| ☐ jumpers | ☐ camera |
| ☐ trousers | ☐ water bottle |
| ☐ shorts | ☐ toothbrush |
| ☐ t-shirts | ☐ toothpaste |
| ☐ underwear | ☐ soap |
| ☐ skirt | ☐ pyjamas |
| ☐ bathing suit | ☐ sleeping bag |
| ☐ torch | ☐ hat |
| ☐ jeans | ☐ baseball cap |



4. Read the postcard and answer true (T) or false (F). Then, answer the questions.

Dear Mom and Dad,

I'm having so much fun at summer camp! We've been doing cool stuff like sailing, climbing, and hiking. When we went hiking, I carried sandwiches in my backpack, and we had lunch in a beautiful forest under the trees by a river. There were animals in the river, like ducks and fish.

Sailing was awesome; the wind carried us across the water like magic. I even got to steer the boat! Climbing was super exciting; I reached the top like a real adventurer.

I miss you guys, but I'm making new friends and having the best time. Can't wait to tell you more when I get back! Love you!

Hugs and smiles,
Lisa



- a) Lisa is bored at the summer camp. _____
- b) Lisa has gone sailing, climbing and sailing. _____
- c) Lisa had near a river. _____
- d) Lisa isn't making new friends. _____

- e) What did Lisa eat when she went hiking?

- f) Did she like sailing?

- g) Did she reach the top when she went climbing?

5. What do you do on summer holidays? Write about it. There must be at least three lines. Use at least three vocabulary words from the previous exercises.



6. Fill in the gaps. Use go, play, do or your own ideas.

- | | |
|------------------------|-------------------|
| a) _____ ice-skating | f) _____ boxing |
| b) _____ snow boarding | g) _____ aerobics |
| c) _____ tennis | h) do _____ |
| d) _____ judo | i) play _____ |
| e) _____ fishing | j) go _____ |

3. Fill in the gaps with go, play, or do in the correct tense.

- I _____ chess every afternoon.
- My brother _____ football at this moment. He is in the park with his friends.
- Lisa _____ volleyball every day.
- John, Marcus and George _____ golf right now. Look at them! Who do you think is winning?
- My mother _____ yoga every day.
- Elisa _____ bowling with his friends once a month.
- My class _____ camping today.
- I _____ gymnastics three times a week.



REMEMBER!

We use **present simple** to talk about habits or routines.

She goes running every morning.

We don't do exercise regularly.

We use **present continuous** to talk about actions happening at the time of speaking.

She is running right now.

We are exercising today.