

1. forum /'fɔːrəm/ (n) diễn đàn
2. user-friendly /ˌjuː.zə'frend.li/ (adj) thân thiện với người dùng
3. craft /kra:ft/ (n) thủ công
4. provide sb with sth /prə'vaɪd/ (vp) cung cấp cho ai với cái gì
5. competition /ˌkɒmpə'tɪʃn/ (n) cuộc thi
6. tournament /'tʊənəmənt/ (n) giải đấu
7. concentrate /'kɒnsntreɪt/ (v) tập trung
8. bully /'bʊli/ (n) người bắt nạt
9. scare /skeə(r)/ (v) làm cho sợ hãi
10. mature /mə'tʃʊə(r)/ (adj) trưởng thành
11. expectation /ˌekspek'teɪʃn/ (n) sự kỳ vọng
12. talkative /'tɔːkətɪv/ (adj) lảm nhảm
13. 1request /rɪ'kwest/ (v/n) yêu cầu, lời yêu cầu
14. participate /pɑː'tɪsɪpeɪt/ (v) tham gia
15. cheat on /tʃi:t ɒn/ (phr.v) gian lận
16. tolerant /'tɒlərənt/ (adj) chấp thuận

I. Circle the correct options to complete the phrases.

1. upload:

- A. a website B. a post C. an account D. a forum

2. browse:

- A. a post B. a picture C. a clip D. a website

3. check:

- A. a clip B. a notification C. a picture D. a forum

4. log on:

- A. to a school B. to a club C. to an account D. to a password

II. Choose correct answer

1. As children move toward , they are less likely to ask for advice.

- A. dependent B. dependence C. independent D. independence

2. My parents asked me to figure out gave me so much trouble.

- A. what B. which C. how many D. where

3. We need to prepare food, do laundry and chores at home. It's

- A. social skills B. self-care skills C. housekeeping skills D. cognitive skills

4. and young adults, both male and female, benefit from physical activity.

- A. Adolescence B. Adolescents C. Frustrations D. Newborns

5. Do parents get from their children studies?

- A. satisfyingly B. satisfying C. satisfied D. satisfy
6. She has been because she has a big assignment to complete.
- A. frustration B. frustrated C. frustrating D. frustratedly
7. The headmaster was very. with Tom because of his bad behaviour at school.
- A. upset B. confident C. proud D. tired
8. Our teacher broke the final project three separate parts.
- A. in B. into C. away D. down
9. "I'm fighting with my sister again! It feels like we can never resolve our conflicts."
- A. recognise B. concentrate C. manage D. deal with
10. Recognising your feelings is a way to stress.
- A. create B. cause C. overcome D. conduct
11. is the practice of doing things that involve risks in order to achieve something.
- A. Risk-taking B. Cognitive skill C. Competitiveness D. Competition
12. Helen was worried about the final term test, and she didn't sleep well. She was very tired after a night.
- A. frustrated B. confused C. independent D. sleepless
13. Some students say that their parents have influence their achievement.
- A. on B. in C. with D. to
16. I have stomach ache, I don't want to eat anything.
- A. but B. so C. because D. or
17. My mother eats a lot of fruit and vegetables, she does exercise every morning.
- A. even B. but C. and D. so
18. Helen was worried about the final term test, and she didn't sleep well. She was very tired after a night.
- A. frustrated B. confused C. independent D. sleepless

III. Make sentences using the words and phrases below. You can add necessary words.

1. Teenagers / should/play/sport/keep fit.

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2. Teens/may feel/stressed/when/ classmates/do better/ than them / school.

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3. Some teens / participate / school clubs/make/new/friends.

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4. Some teens / feel / pressure / because / they/want/fit/ a group.

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5. main causes / teen stress / include / peer pressure / schoolwork pressure / pressure from parents.