

Extreme Winter Sports – ICE DIVING

Ice diving is a sport for expert divers- and crazy ones, too!

Before you go ice diving, you put on special warm clothes and then you put on a special diving suit called a 'drysuit'. This is not the same as a normal diving suit. It has air in it. The air keeps the diver warm, and also keeps him or her high in the water. Ice divers carry oxygen on their backs, like normal divers.

A typical ice dive takes fifteen minutes. The diver climbs into a hole in the ice and then swims under it. The other divers watch and wait. They are ready to help in an emergency. They can't see the diver, but they can often see his air bubbles under the ice.

So, what's it like, under the ice? Ice divers say it's like another world – a bright world of strange creatures, plants and rocks and amazing shapes and colors. It's also great fun. Divers can turn over and put their feet on the ice. When their friends pull the rope, they move along, with their feet higher than their heads!

1 Read the text again and choose if the statement is true (T), false (F) or if there is no information (NI) about it.

- 1 Ice diving is NOT a sport for most people.
- 2 Ice divers wear clothes under their drysuits.
- 3 Their oxygen is inside their drysuits.
- 4 They usually dive for about a quarter of an hour.
- 5 Emergencies don't happen very often.
- 6 It's dark under the ice.
- 7 Divers go ice diving because it's fun.

Vocabulary: *Opinion adjectives*

2 Complete the adjectives.

- 1 Ice divers are adventurous, br _____ and cr _____ !
- 2 Under the ice it is am _____, be _____ and wo _____.
- 3 Ice diving is da _____, and sc _____ but it's e _____.
- 4 The hotel is lo _____ and the holiday is g _____.

3 Choose the correct words.

- 1 Be careful! There's ice/icy on the road. It's danger/dangerous.
- 2 We had a great adventure/adventurous. It was very enjoy/enjoyable.
- 3 Look after your health/healthy. Eat health/healthy food like fruit and vegetables.
- 4 Norway is a north/northern country. The north/northern of Norway is in the Arctic Circle.
- 5 Sam loves being act/active. He's very adventure/adventurous.

Complete the questions (1-6) with much or many. Then match them with the answers (a-f).

- 1 How _____ were the skiing lessons?
- 2 How _____ snow was there?
- 3 How _____ time did you spend in the sauna?
- 4 How _____ times did you fall in the snow?
- 5 How _____ people slept in the igloo?
- 6 How _____ photos did you take?

- | | |
|--------------------------------------|------------------------|
| a) There were three of us. | d) There was a lot! |
| b) Millions! I'm terrible at skiing, | e) About half an hour. |
| c) A lot! Do you want to see them? | f) They were \$50. |