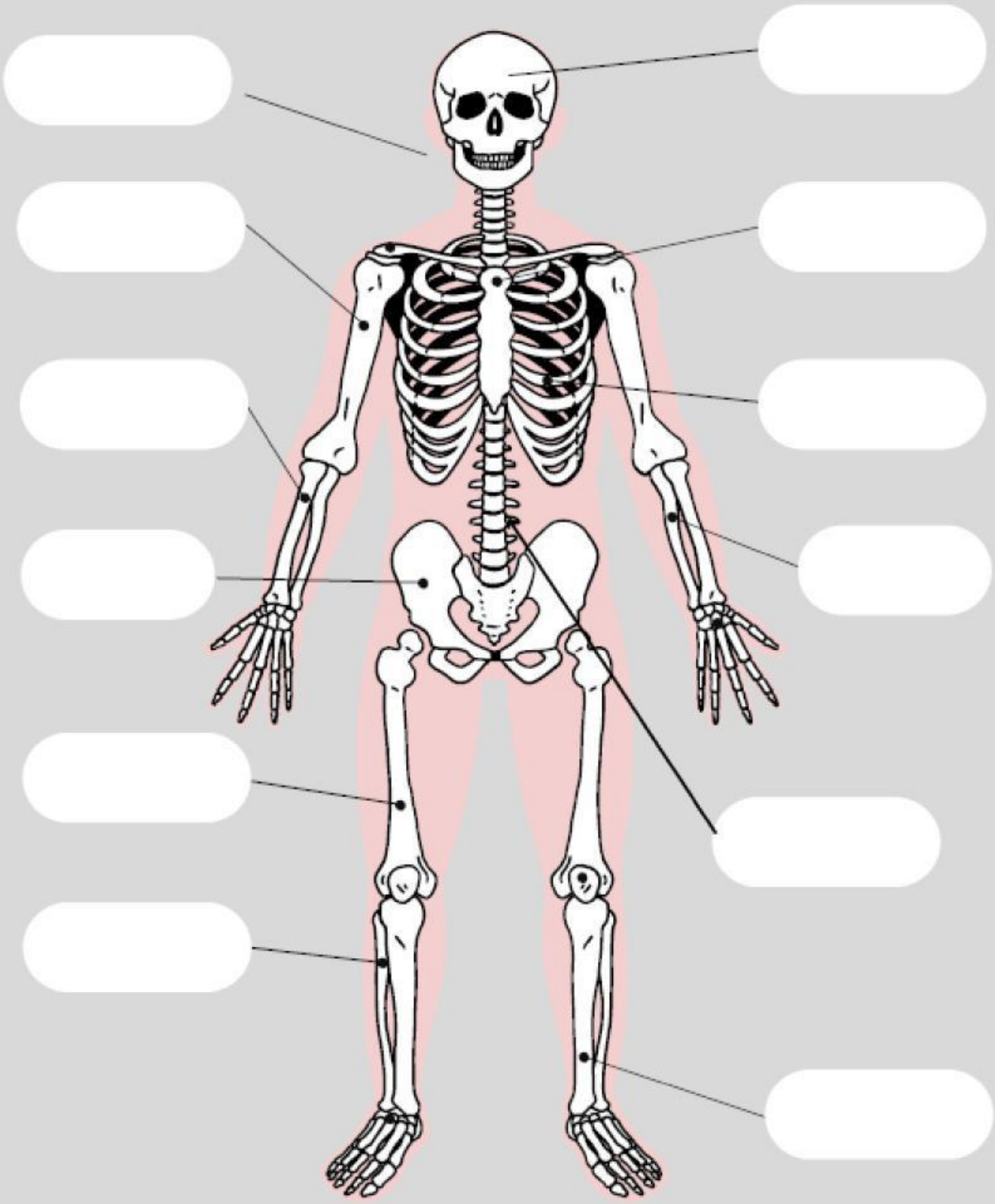
The Skeletal System

Our bones support the whole body.
They also protect the soft organs inside our body.
In addition the bones work with our muscles to allow our body to move.



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The Muscular System

All of our muscles together make up the body's muscular system.
All movement in the body is controlled by muscles.
Muscles allow us to move around, speak and chew.

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