

UNIT 1 VOCABULARY

FEELINGS AND EMOTIONS

1 Complete the sentences with the appropriate feeling. There are 2 extra words.

scared surprised bored optimistic
happy sad kind calm pessimistic
satisfied

1. I was really _____ when my sister broke my guitar.
2. The film music made me feel so _____ that I started crying.
3. I had nothing to do so I felt rather _____.
4. They're really _____. They help everyone whenever they can.
5. Adnan said he wasn't going to the party so I was really _____ to see him there.
6. When the stage caught fire, the musicians stayed _____ and didn't panic. They quickly walked off.
7. I'm so _____! My favourite band is playing next month and I've got a ticket!
8. We were a bit _____ before we performed in public for the first time. I was so nervous my knees were shaking!

My two best friends have been off school all week. I've felt a bit _____ because I haven't had anyone to talk to. I was _____ too because we couldn't meet up and I didn't have anything to do. **Izzy, 15**

I made a silly mistake in class and everyone laughed at me. I felt so _____! I'm sure my face was red. **Carolina, 14**

I had a problem and when I told my friend, he didn't laugh. He was very _____. He really listened to me and tried to understand. He was very kind. I felt much better after. **David, 15**

We've had exams and I was feeling quite _____ about the results. I was sure I had failed them all! Then I heard the teachers were pleased with me, so now I'm feeling much more _____. I hope I've done well! **Danika, 16**

My brother's going on holiday with his friends, but I'm not allowed to. My parents say I'm too young. I'm _____ of him. I wish I could go – he's so lucky! **Natalia, 15**

2 Complete the comments with the words in the box. There are three extra words.

bored content embarrassed jealous
joyful lonely optimistic pessimistic
satisfied surprised sympathetic

**HOW HAS YOUR WEEK BEEN?
HOW HAVE YOU BEEN
FEELING? TELL US ABOUT
YOUR BEST – OR WORST! –
MOMENTS.**

I won a song competition! I couldn't believe it!! I was so _____ and happy! **Hafiz, 16**

3

Complete the sentences with the correct noun form of the words in brackets

1. Alex knew it was dangerous, but he felt no fear (scared)
2. It can be hard to feel any _____ for people who create their own problems. (sympathetic)
3. I was so happy I wanted to shout with _____ ! (joyful)
4. Imagine our _____ when we found out that we had won the talent competition. (surprised)
5. I can always find something to do to keep busy, so I never suffer from _____ .(bored)
6. _____ is a hard feeling. It can ruin relationships. (jealous)