

## OPTIMISE B1+ UNIT 5 VOCABULARY

Word formation: Write the correct form of the word between brackets:

1. The gym instructor will \_\_\_\_\_ (active) the alarm at 9 pm.
2. My dog is very \_\_\_\_\_ (affection) towards me.
3. It's important to be \_\_\_\_\_ (consideration) of other people's feelings.
4. We need to \_\_\_\_\_ (decoration) the living room before the party.
5. She was \_\_\_\_\_ (desperation) for a job after being unemployed for months.
6. I feel \_\_\_\_\_ (fortune) to have such supportive friends and family.
7. The coach tried to \_\_\_\_\_ (motivation) the team before the big game.
8. He decided to \_\_\_\_\_ (specialist) in computer programming.
9. Listening to music can \_\_\_\_\_ (stimulation) your brain.
10. The real estate agent will \_\_\_\_\_ (valuation) the property tomorrow.
11. You cannot \_\_\_\_\_ (equation) success with happiness.

Read the example and match the phrasal verb with its definition:

- ✚ She doesn't **feel up to going** out tonight because she's tired.
- ✚ Please don't **put him down** for expressing his thoughts and feelings.
- ✚ The teacher decided to **let her off** with just a warning for being late due to traffic.
- ✚ It really **gets him down** when he thinks about his past mistakes.
- ✚ When I **look back on** my childhood, I remember playing with my friends outside.
- ✚ After a long day of hiking in the mountains, I was so exhausted that I quickly **dropped off** as soon as I lay down in my tent.
- ✚ I won't **stand for** any more of Richard's racist comments.
- ✚ After hours of discussion, they were finally able to **sort out** their differences and come to a mutually acceptable solution.

1. DROP OFF
2. FEEL UP TO DOING
3. GET (SBY) DOWN
4. LET (SBY) OFF
5. LOOK BACK (ON)
6. PUT (SBY) DOWN
7. SORT OUT
8. STAND FOR

- To make somebody feel upset or depressed
- To solve, resolve
- To fall asleep
- To say negative things to/about somebody
- To put up with, to tolerate
- To feel well enough to do something
- To think about something from the past
- Not to punish

**Complete the sentences with the correct phrasal verb. Be careful with tenses.**

DROP OFF / FEEL UP TO / GET (SBY) DOWN / LET (SBY) OFF / LOOK BACK (ON)  
/ PUT (SBY) DOWN / SORT OUT / STAND FOR

1. After a long day at work, I watched TV and \_\_\_\_\_ on the couch
2. I'm not sure if I \_\_\_\_\_ going to the party tonight. I'm feeling a bit tired.
3. Sarah always \_\_\_\_\_ her younger brother when he makes a mistake, and it's not fair.
4. I won't \_\_\_\_\_ rudeness in my class, Jimmy!
5. When I \_\_\_\_\_ my childhood, I remember all my family vacations.
6. Try not to let your exam results \_\_\_\_\_ you \_\_\_\_\_. Everyone makes mistakes.
7. There's a problem with the Wi-Fi; hopefully Tech Support can \_\_\_\_\_ it \_\_\_\_\_.
8. The man was charged with assault, but the judge \_\_\_\_\_ him \_\_\_\_\_ due to lack of evidence.

**Fill in the blank spaces with the correct activity:**

programming, yoga, board game, social networking, djing, mountain biking, martial arts, scuba diving, online gaming, painting, blogging

- ✚ I enjoy \_\_\_\_\_ (1) about my travels around the world.
- ✚ My family and I play a \_\_\_\_\_ (2) every weekend to have fun together.
- ✚ My friend loves \_\_\_\_\_ (3) at parties on the weekends.
- ✚ My cousin studies \_\_\_\_\_ (4) to learn how to defend herself.
- ✚ My dad goes \_\_\_\_\_ (5) every Saturday morning with his friends.
- ✚ Jake spends a lot of time at his computer playing \_\_\_\_\_ (6) with people he meets from all over the world.
- ✚ I love art! I like \_\_\_\_\_ (7) landscapes at the park when the weather is nice.
- ✚ My brother is studying \_\_\_\_\_ (8) at the university so he can create video games.
- ✚ The \_\_\_\_\_ (9) instructor taught me how to safely explore the ocean floor.
- ✚ Lucy spends hours on \_\_\_\_\_ (10) sites talking to her friends.
- ✚ I feel relaxed after doing \_\_\_\_\_ (11) for an hour in the morning.