

Rules for hygiene in the kitchen

Cover your hair with a toque or a bandana



Wash your hands



Never smoke in the kitchen



Never cough over food



Remove watch, rings and bracelets



Clean workstation after each session



Never bring animals in the kitchen



WHEN I ENTER IN A KITCHEN I MUST:

- 1) COVER MY HAIR WITH A _____
- 2) REMOVE _____, _____ AND _____
- 3) WASH MY _____

IN A KITCHEN:

- 1) NEVER _____
- 2) NEVER _____ OVER FOOD
- 3) NEVER BRING _____

AND I MUST REMEMBER TO _____ MY WORKSTATION AFTER EACH

[clean - animals – smoke – hands – cough – session – rings – toque – bracialetes -
watch