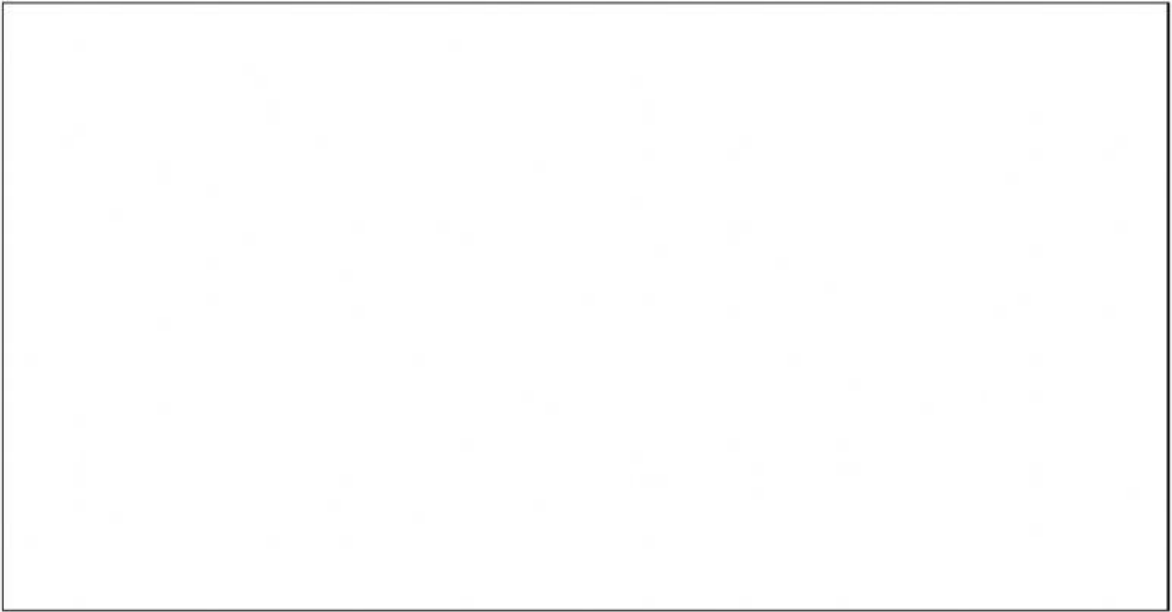


S29-listening1



1. And they tell you a story about what happened to them at the gym.
2. I am an anger researcher they want to talk to me
3. It's really because anger is universal
4. We feel it throughout our teenage years
5. As some of the worst moments of our lives
6. Today I want to tell you something really important about your anger
7. For most of us and I bet most of you it feels as simple as this.
8. She left the milk out again
9. One of the things that really get to you
10. What is that something else? Well we know
11. We call this the pre-Anger state are you hungry
12. And then once we've that we decide how bad it is
13. The person in front of you is driving well below the speed limit
14. You're going to be late to the job interview
15. Where did those car keys go
16. Right because you know they ran off on their own
17. Instead of trying to turn it off

S29 -1 vocabulary

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channel	relate	respond	tends	get	unfair
occasions	own	roundabout	chew	avoid	let

1. Take first left at the _____.
2. I know what you are talking about. I can _____ to that.
3. I wear this suit only on special _____.
4. I _____ mad when you _____ so loudly.
5. He is not like that. He would never do it on his _____.
6. She _____ to forget things, that's why she writes everything down.
7. I know it's difficult, but you should _____ it go.
8. Why did he do that to me? It's so _____.
9. Try to _____ your energy into something useful.
10. Anger is the way we _____ to injustice.
11. You can _____ such situations in your life.

S 29-1 Grammar

1. Я работала официанткой, когда мне было 18.

2. Ты можешь купить для меня эту книгу в качестве подарка.

3. Не относись ко мне как к своей прислуге (servant).

4. Мы используем эту коробку как стул.

5. Я начал свою карьеру в качестве промоутера.

Speaking

1. What things make you angry? Can you think of why?
2. What do you think of people who get angry easily?
3. What do you usually do when you get angry?
4. Try to remember situations when you were able to channel your anger into something positive.

