

1 VOCABULARY illnesses and injuries

a Complete the minor illnesses and injuries.



1 She has a r a s h.



2 Her ankle is s w o l l e n.



3 She's b i l l y.



4 Her finger is b l o o d y.



5 She has s o r e s.



6 She's s n e e z i n g.



7 She has a c o u g h.



8 Her back h u r t s.



9 She has a h e a d a c h e.



10 She has a t e r n e d h a n d.

b Complete the sentences.

- Alex has diarrhoea. He's been to the toilet six times this morning.
- I think I have flu. I have a temperature and I ache all over.
- That knife is very sharp. Please don't c cut y yourself.
- Matt f fainted in the art gallery. It was so hot that he lost consciousness.
- These shoes aren't very comfortable. I think I have a bl blisters.
- I have a s sore thr throat. It hurts when I talk.
- Rachel f fainted s suddenly. She thinks she's going to vomit.
- You're coughing and sneezing a lot. Do you have a c cold?
- I feel d dizzy. Everything is spinning round.

c Complete the conversations with a word from the list.

allergic reaction blood pressure burnt choking
food poisoning sprained unconscious

- P There's a rash all over my body.
D You might have had an allergic reaction to something.
- P Where am I?
D In hospital. You had an accident and you've been unconscious for an hour.
- P I fell and hurt my wrist playing tennis – now it's very swollen.
D I think you've sprained it.
- P I sometimes feel a bit dizzy when I first get up.
D It sounds like you have low blood pressure.
- P I've been sick and I have diarrhoea.
D You might have food poisoning. Didn't you say you thought the prawns you had for lunch were off?
- P What should I do if one of my children starts coughing?
D Tell them not to panic and to keep coughing – they need to move the food.
- P I dropped a pan of boiling water on my hand.
D Yes, you've burnt yourself quite badly.

d Match conditions 1–6 to treatments a–f.

- 1 an allergic reaction e
- 2 a headache
- 3 an infection
- 4 a major cut
- 5 a minor cut
- 6 a sprained ankle

- a have stitches
- b put antiseptic cream and a plaster on it
- c put ice on it and bandage it
- d take antibiotics
- e take antihistamine tablets or cream
- f take painkillers

e Complete the sentences with a word from the list.

down out over round up

- 1 You should go and lie down if you aren't feeling well.
- 2 If you stand for too long in this heat, you might pass .
- 3 You shouldn't go out until you get the flu properly.
- 4 If you think you're going to throw , tell me and I'll stop the car.
- 5 I must have fainted. When I came I was lying on the floor.

f Complete the medical advice with the words in the list.

bandage damp cloth pinch press rub
running water tip

- 1 You can stop a nosebleed if you pinch the soft part of your nose and your head forward.
- 2 If you put cool on a burn, it will stop blisters from forming.
- 3 You shouldn't put a hot on a sprained ankle, as the heat will make the ankle more swollen.
- 4 Don't the arms and legs of someone with hypothermia, as you will make them lose more heat.
- 5 You should only stand behind someone who's choking and their stomach inwards if they can't talk, cough, or breathe.
- 6 If you put antiseptic cream and a on a bad cut, you will stop the wound getting infected.