

### 1 Write the *-ing* form of the verbs.

- 1 go ..... *going* .....
- 2 walk .....
- 3 stand .....
- 4 ride .....
- 5 watch .....
- 6 sit .....
- 7 make .....

### 2 Complete the sentences with the verbs in the box in the *-ing* form.

dance play ~~ride~~ run swim watch

- 1 We like riding horses.
- 2 I don't like water! I don't like ..... in the pool.
- 3 They are good at singing and .....
- 4 She isn't very good at ..... hockey.
- 5 What sports do you like ..... on TV?
- 6 I like ..... very fast in the stadium.

### 3 Complete the sentences with the correct pronoun.

- 1 Vegetables are good for you.
- 2 She likes running in the park. It is good for .....
- 3 They don't like playing tennis. They are not very good at .....
- 4 I like oranges. They are good for .....
- 5 We don't like playing with .....
- 6 We like our aunt very much. She is very kind to .....

### 4 Put the words in the correct order to make sentences.

- 1 I / like / them / with / don't / playing  
I don't like playing with them .....
- 2 Chips / aren't / cakes / very / you / for / good / and  
.....
- 3 at / isn't / She / good / art. / doesn't / She / like / it.  
.....
- 4 I / singing. / like / don't / at / good / I'm / it. / not  
.....
- 5 drinking / like / We / water. / good / It's / for / us.  
.....
- 6 rice? / you / Do / like / do. / I / Yes, / for / good / me. / It's  
.....

### 5 Complete the sentences with a verb in the *-ing* form or a pronoun.

- 1 We are good at getting up early in the morning.
- 2 He doesn't like ..... football.
- 3 Butter isn't very good ..... you.
- 4 Paula's here! I've got a computer game for .....
- 5 They don't like ..... milk.
- 6 We eat vegetables. They are good for .....

### 6 Complete Renato's email with one word in each gap.

Reply Forward

Subject: \_\_\_\_\_

From: \_\_\_\_\_

To: \_\_\_\_\_

Date: \_\_\_\_\_

Hi Jules,

Sport is good for me. There's a sports centre behind my house. I like running and I love playing tennis. I'm very good <sup>1</sup> at playing football and I can swim! My family eats a lot of fruit and vegetables, but I <sup>2</sup> ..... like them. My parents say they're good for <sup>3</sup> ....., but I'm not very good at eating <sup>4</sup> .....

My brothers eat a lot of chocolate. That isn't very good for them. They don't like doing sport. They like <sup>5</sup> ..... TV. And you? Do you <sup>6</sup> ..... dancing? It's very good for <sup>7</sup> .....

Have you got a bike? What's your favourite sport?

Write soon!

Renato

### 1 Rewrite the sentences with the adverb of frequency in brackets in the correct position.

- Fans go to concerts. (sometimes)  
*Fans sometimes go to concerts.* .....
- My brother reads a newspaper. (never)  
.....
- We remember our friends' birthdays. (always)  
.....
- They run in the park. (often)  
.....
- I don't like computers. I use them. (never)  
.....
- You go to the movies. (sometimes)  
.....

### 2 Complete the sentences with the best adverb of frequency.

- I'm good at school and I *always* do my homework.
- He doesn't like football. He ..... plays it.
- They ..... go to the cinema. They try to go most weekends.
- She ..... goes to concerts, but not always.
- We ..... eat ice-cream because it isn't good for us.
- He ..... goes to school, every day.

### 3 Complete the questions.

- How *many* bands are at the concert?
- How ..... milk does he drink every day?
- How ..... emails do they send every week?
- How ..... pizzas do they eat at night?
- How ..... hours do you do sports?
- How ..... fruit do you eat?

### 4 Complete the questions. Then match the beginnings and endings.

- How *many* websites ..... *D*
- How ..... English .....
- How ..... places do .....
- How ..... music does .....
- How ..... texts .....
- How ..... spaghetti .....

- A homework have they got?
- B do you eat every month?
- C do you send every day?
- D do you visit every day?
- E they visit on holiday?
- F she listen to?

### 5 Put the words in order to make sentences.

- brother / My / eight hours / sleeps / always  
*My brother always sleeps eight hours.* .....
- eats / family / My / chocolate / never  
.....
- much / How / water / you / drink / do  
.....?
- My / sends / always / father / emails  
.....
- many / How / books / read / you / do  
.....?
- the weekend / play / At / often / I / football  
.....



### PRONUNCIATION /w/ and /v/

### 6 Listen to the words with /v/ and /w/ sounds. Circle the word with a different sound in each group.

- |                |         |         |
|----------------|---------|---------|
| 1 <u>visit</u> | window  | website |
| 2 favourite    | every   | shower  |
| 3 Wednesday    | weekend | very    |
| 4 gloves       | wallet  | TV      |
| 5 very         | movie   | well    |
| 6 wait         | watch   | have    |

### 7 Complete Polly's blog with one word in each gap.

#### Me and my family

My mum loves writing emails. She sends lots of them every week. She sometimes uses her <sup>1</sup> *computer*. It's got a big screen. My brother loves sport. He often plays football on Saturdays, but he <sup>2</sup> ..... plays tennis. My sister likes music and she <sup>3</sup> ..... listens to it in the morning, but not always. She <sup>4</sup> ..... listening to music now! And I'm watching a cookery show on TV about Italian food. I don't like pizza, but I love pasta! It's my favourite. How <sup>5</sup> ..... Italian food do you eat? Do you like <sup>6</sup> ..... spaghetti?