

## Word Families

|                  |                        |                                                                                                                     |
|------------------|------------------------|---------------------------------------------------------------------------------------------------------------------|
| <b>noun</b>      | authority              | The authorities decided to keep the park open in the evenings so families could spend more time in nature.          |
| <b>verb</b>      | authorize <sup>1</sup> | The school director authorized the teachers to spend a larger chunk of the school day outdoors with their students. |
| <b>adjective</b> | authoritative          | According to an authoritative source, spending time in nature improves our health.                                  |
| <b>adverb</b>    | authoritatively        | The expert wrote authoritatively about the topic of exercise and its effects on mental health.                      |

|                  |              |                                                                                            |
|------------------|--------------|--------------------------------------------------------------------------------------------|
| <b>noun</b>      | deliberation | After deliberation, he decided to spend some time every day engaged in outdoor activities. |
| <b>verb</b>      | deliberate   | The group deliberated for an hour before reaching a decision.                              |
| <b>adjective</b> | deliberate   | It is obvious that people need to make a deliberate decision to spend more time in nature. |
| <b>adverb</b>    | deliberately | We need to spend time in nature deliberately.                                              |

|                  |             |                                                                                             |
|------------------|-------------|---------------------------------------------------------------------------------------------|
| <b>noun</b>      | emotion     | The stress of city life can make emotions difficult to control.                             |
| <b>adjective</b> | emotional   | Children who don't spend a lot of time playing outdoors can end up with emotional problems. |
| <b>adverb</b>    | emotionally | People respond emotionally to the overwhelming stimuli of the city.                         |

<sup>1</sup>BrE: authorise

## ESSENTIAL WORDS FOR THE IELTS

|                  |                      |                                                                                                           |
|------------------|----------------------|-----------------------------------------------------------------------------------------------------------|
| <b>noun</b>      | <b>industry</b>      | His favorite pastime is building model ships, and he always goes about this activity with great industry. |
| <b>adjective</b> | <b>industrious</b>   | He is always industrious even when engaged in leisure-time activities.                                    |
| <b>adverb</b>    | <b>industriously</b> | He worked on his project industriously.                                                                   |

|                  |                       |                                                                                   |
|------------------|-----------------------|-----------------------------------------------------------------------------------|
| <b>noun</b>      | <b>intellect</b>      | The stress of city life has effects on the intellect.                             |
| <b>noun</b>      | <b>intellectual</b>   | I enjoy reading the works of the great intellectuals of the nineteenth century.   |
| <b>adjective</b> | <b>intellectual</b>   | Some people enjoy spending their leisure time engaged in intellectual activities. |
| <b>adverb</b>    | <b>intellectually</b> | Some people look for experiences that engage them intellectually.                 |

|                  |                    |                                                                                              |
|------------------|--------------------|----------------------------------------------------------------------------------------------|
| <b>noun</b>      | <b>reluctance</b>  | Reluctance to spend time in nature is a problem for modern children.                         |
| <b>adjective</b> | <b>reluctant</b>   | People can be reluctant to leave their familiar city surroundings to explore unknown places. |
| <b>adverb</b>    | <b>reluctantly</b> | They reluctantly agreed to spend their vacation at a national park.                          |

## Word Family Practice

Choose the correct word family member from the list below to complete each blank.

It is crucial to acknowledge the importance of leisure-time activities. They are not merely a way to use up free time. They are important for our physical and **1**..... health. We need to choose activities that rest our minds and bodies so that we can feel rejuvenated when we return to work and can do our jobs more **2**..... . Some people enjoy **3**..... pastimes; other people choose different sorts of leisure-time activities. The key is to be **4**..... about choosing a pastime that is active rather than passive. Many people feel **5**..... to be physically active after a tiring week at work. However, **6**..... tell us that this is actually the best way to decrease stress and relax.

- |                 |              |                |
|-----------------|--------------|----------------|
| 1. emotions     | emotional    | emotionally    |
| 2. industry     | industrious  | industriously  |
| 3. intellect    | intellectual | intellectually |
| 4. deliberation | deliberate   | deliberately   |
| 5. reluctance   | reluctant    | reluctantly    |
| 6. authorities  | authorizes   | authoritative  |