Read the text and think of the word which best fits each gap.

A BRIEF INTRODUCTION TO BRITISH FOOD



In many European countries **(1)** _____ is normal to have a long break in the middle of the day **(2)** _____ all members of the family return to **(3)** _____ houses to eat together. This is not very common in Britain because normally it is a long way **(4)** _____ the place of work or school to the home. Consequently, the British tend to have **(5)** _____ big breakfast and the meal **(6)** _____ midday is usually spent with workmates or schoolmates. Lunch **(7)** _____ normally eaten between 12.30 pm and 1.30 pm. Most people finish work at five thirty, and they tend to eat their evening meal or "dinner" **(8)** _____ 6.30 pm and 8pm. **(9)** _____ Sundays, people take the opportunity **(10)** _____ eat together with their family. It is common to eat the traditional *Sunday Roast*, consisting **(11)** _____ roast meat, roast potatoes or mashed potatoes, with accompaniments **(12)** _____ as Yorkshire pudding, stuffing, vegetables and gravy.

Breakfast

Generally speaking, the British breakfast is much bigger **(13)** _____ in most other countries. Some people like to have a *full breakfast* which can consist of fried bacon and eggs **(14)** _____ fried bread and possibly fried tomatoes or *black pudding*. However, many people prefer to have a *continental breakfast*, and **(15)** _____ just eat toast with tea **(16)** _____ coffee and juice. Cereals **(17)** _____ also very popular and **(18)** _____ are many types of cereals available. In Scotland, many people eat *porridge* or boiled oats.

Lunch

Most British people take a *packed lunch* to eat for their midday meal. Some factories **(19)** _____ schools have canteens **(20)** _____ you can eat, but the packed lunch is the **(21)** _____ common thing to eat. A packed lunch normally consists of some sandwiches, a packet of crisps, some fruit and a can of something **(22)** _____ drink. The contents are kept in a plastic container and **(23)** _____ take it with you when you **(24)** _____ to school or work.

Dinner

Things are changing and most British people eat meals **(25)** _____ many different countries. **(26)** _____ fact, you could even say that the British don't eat **(27)** _____ British food. However, the most typical thing to eat for dinner is *meat and two veg*. This consists of a piece of meat accompanied **(28)** _____ two different boiled vegetables. This is covered with gravy, **(29)** _____ is a sauce made with the juice that was obtained when the meat was cooked. One of the vegetables is almost always potatoes. The British eat a **(30)** _____ of potatoes.

LIVEWORKSHEETS