

Level: A2 Pre Intermediate

Skill: reading

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Motivation

Motivation is a concept that requires practice to fully comprehend.

It describes being so deeply impacted by something that it serves as an inspiration for you. Additionally, it is a discipline that supports your success in life and aids in the achievement of your objectives.

It is a powerful instrument that aids in advancing in life. A driving force or objective that propels us ahead and keeps us motivated is necessary for motivation. It aids in mental and physical advancement. Your objectives don't have to be enormous and long-term; they may be modest and empowering.

The total growth of a person's personality and thinking depends heavily on motivation. It makes a person active and competitive. Additionally, it increases effectiveness and motivation to accomplish the goal.

It promotes consistency and advancement in work. Above all, it helps someone meet their needs and accomplish their purpose. It aids the person in combating his pessimistic outlook. To accomplish the goal, the individual also makes an effort to step outside of her or his comfort zone.

In conclusion, one of the crucial factors that contribute to success is motivation. A driven individual always attempts to push his limitations and work to get better each day. Additionally, the individual always gives their all, regardless of the work. Additionally, the individual makes an effort to constantly advance and remain committed to their objectives.



Vocabulary

- **Motivation:** Motivation is what makes you want to do something. It's the reason you feel inspired to achieve a goal or complete a task.
- **Inspiration:** Inspiration is when something or someone makes you feel like you can do something great. It's the feeling that pushes you to take action.
- **Discipline:** Discipline is doing things in an organized and controlled way. It's the ability to stick to a plan or routine.
- **Objective:** An objective is a goal or target you want to reach. It's what you aim to achieve.
- **Instrument:** An instrument is a tool or force that helps you get things done. It's something that assists you in reaching your goals.
- **Personality Growth:** Personality growth means becoming a better and more confident person. It's the development of your character and abilities.
- **Consistency:** Consistency means doing something regularly and not giving up. It's about staying committed to your goals.
- **Comfort Zone:** Your comfort zone is where you feel safe and familiar. Motivation encourages you to step out of this zone to grow.
- **Pessimistic Outlook:** A pessimistic outlook is when you have a negative view of things. Motivation helps change this negativity to a more positive perspective.
- **Success:** Success is when you achieve what you set out to do. It's about reaching your goals and always trying to improve.