

Exercise 7. Complete the questions using the present simple form of the verbs in brackets

1. _____ you _____ the internet? (surf)
2. _____ your best friend _____ cycling? (go)
3. _____ you _____ to classical music? (listen)
4. _____ your parents _____ a lot of photos? (take)
5. _____ your brother or sister _____ computer games? (play)
6. _____ your father _____ a mobile phone? (use)

Exercise 9. Use the correct form of the words given in parentheses.

1. My brother is _____ ever late for school. (hard)
2. Many students like reading the _____ books. (fascinate)
3. My uncle is a musician. He can play many musical _____. (instrumental)
4. It is _____ to drive a car that is not driving licence. (illegally)
5. Who does Hoa _____ go shopping with? (usual)
6. My mother _____ my sister to have a computer in her room. (allowable)
7. Phong and Phu often buy things at _____ shop. (charitable)
8. I _____ with you about using phones at the table. (agree)
9. Are you _____ this is the right answer? (confidently)
10. This watch is one of my treasure _____ in his house. (possess)

PART III. SKILL

LISTENING

Exercise 1. Listen to Mr. Baker talking about five tips to get a good night's sleep. Choose the correct answer, A, B or C.

1. Who is the guest in the studio?
A. A teacher B. A doctor C. A nurse
2. Why can't some people sleep well with the TV on?
A. Because the noise and lights make them awake
B. Because the TV shows are interesting
C. Because the films are exciting
3. What does Mr. Baker say about doing homework?
A. Do the easiest homework earlier in the evening, then do the hardest homework later
B. Do not do any homework before bedtime
C. Do the hardest homework earlier in the evening, then do the easier homework later
4. How long can we play video games before bedtime?
A. Less than an hour B. An hour C. More than one hour
5. What does Mr. Baker say about cellphone?
A. Leave your phone in another room
B. Turn off your cell phone when you go to bed
C. Both A and B are correct.

Exercise 2. Listen again and complete the table with the words in the box.

great to be here welcome turn off down low earlier in the evening

1. _____ to the show, Doctor Baker.
2. Thank you. It's _____. Let's start with tip one.
3. Do your hardest homework _____.
4. _____ your mobile when you go to bed.
5. Play music if you like. But turn the sound _____. That is very useful advice for our young listeners.

 SPEAKING

Exercise 2. Complete the dialogue with the sentences below. There is one extra that you do not need.

- A. How about going to the city centre and watch the new film.
- B. Let's call some of my friends to play badminton or some games.
- C. We can cycle into the city centre – it's good for our health.
- D. And after watching the film, why don't we go for a drink?
- E. Shall we do something after that?
- F. But I don't want to stay at home all day on a Sunday.
- G. That's sounds like a good idea.

Nick Hello, Mai. What are you doing tomorrow? It's Sunday.

Mai I'm doing my homework in the morning, and I'm doing things around the house.

Nick I'm too. (1) _____. It's boring.

Mai What do you want to do?

Nick (2) _____ at the park.

Mai (3) _____. I think Phong and Lan will be interested in our suggestion. We can enjoy fresh air and get active.

Nick (4) _____ Have a drink or go to the cinema?

Mai (5) _____ It's been on the posters for a few days.

Nick It's a new science fiction film. I think it's very fantastic.

Mai We ask Phong and Lan's opinion. If they say 'yes', we'll do that. (6) _____

Nick Great. We'll have time to chat and relax before coming back home. OK. I'll phone them now.

READING

Exercise 2. Read the text, and mark the sentences T (true), or F (false).

Children under age six watch an average of about two hours of screen media a day, mainly TV and DVDs. Children and teenagers from eight to eighteen spend nearly 4 hours a day in front of a TV screen and two more hours on the computer and playing video games.

Children watching too much TV can become fat, violent, have less energy and a harder time at school. Children won't turn off the television, but they should choose the suitable programmes. Parents should provide necessary material: books to read, board games, art or sporting equipment.

The TV is usually on during dinner. That's too bad because your most important family conversation will happen during the family dinner. It's a good idea when there is no TV set in the bedroom, and the children agree.

1. Small children watch about 2 hours of TV and DVDs a day. _____
2. The screen time of older children and teenagers is often 4 hours a day. _____
3. Children should turn off TV all day. _____
4. Children may watch less TV when they have other material to do. _____
5. We shouldn't have any conversations during the meal. _____
6. Parents should buy any TV sets. _____

Exercise 3. Read the following passage. Decide if the statements are True or False and choose the correct answers (A, B, C or D) for the questions.

It's very **important** for everyone to have a healthy lifestyle. If you want to be healthier, here are four useful tips for you. First, you should eat more fresh fruit, vegetables and yogurt instead of candy and fast food. Eating fruit and yogurt every day is good for your skin and stomach. Secondly, you should watch less TV and do more exercise. Doing exercise helps you become fitter and stronger. Thirdly, you should sleep for eight hours a night, and never eat too much before bedtime. Finally, you should drink two liters of water every day because your body need water to work well.

A. Decide True or False

1. To have a healthy lifestyle is very important for everyone. _____
2. There are four advices for you to be healthier. _____
3. Taking exercise doesn't help you become fitter and stronger. _____
4. You should eat fruit and yogurt, drink two liters of water, watch fewer TV and do more exercise every day. _____

B. Choose the best answers to each of the following questions

5. We can replace the word "**important**" in line 1 with the word
A. "good" B. "wonderful" C. "momentous" D. "comfortable"
6. The main idea of the passage is:
A. Water is necessary for your body.
B. Eating fruit and yogurt every day is good for your skin and stomach.
C. Doing exercise makes you healthier.
D. Healthy living tips.

Exercise 5. Choose the option that best completes each blank in the passage.

Typho: The only (1) _____ in our family is – no phones at the table. My dad (2) _____ phones when we're eating together at home, or if we're in a restaurant (3) _____ town. My mum's always got her work phone, but she goes outside if someone (4) _____.

Serzh 98: We've got two family rules – but it's one rule for me and a (5) _____ one for my sister! I'm not allowed a computer in my room, but my parents (6) _____ my sister have a PC because 'she's older and she studies more'. But she doesn't study!

- | | | | |
|-------------------|-------------|-------------|--------------|
| 1. A. screentime | B. research | C. home | D. rule |
| 2. A. likes | B. loves | C. bans | D. helps |
| 3. A. at | B. of | C. about | D. in |
| 4. A. calls | B. comes | C. wants | D. tells |
| 5. A. intelligent | B. same | C. creative | D. different |
| 6. A. give | B. allow | C. let | D. make |

Exercise 6. Choose the word or phrase that best fits the blank space in the following passage.

Hello, I am John and this is my daughter, Jane. She learns at a big school near (1) _____ apartment. She goes to school from Monday to Friday and (2) _____ to school on the weekend. At school, she studies many (3) _____. She is very interested in Math and Chemistry because they are her (4) _____ subjects. At recess when her classes finish, Jane often plays basketball (5) _____ plays it very well. She sometimes plays badminton, too. In her free time, she always listens to music and learns how to sing. She (6) _____ she will become a Pop singer in the future.

- | | | | |
|----------------|-----------------|---------------|---------------|
| 1. A. our | B. their | C. them | D. us |
| 2. A. don't go | B. doesn't goes | C. doesn't go | D. don't goes |
| 3. A. times | B. things | C. knowledge | D. classes |
| 4. A. favorite | B. bad | C. pastime | D. hobby |
| 5. A. so | B. but | C. or | D. and |
| 6. A. hoped | B. to hope | C. hope | D. hopes |

 WRITING

Exercise 1. Write sentences using the present simple.

1. school/ finish/ at five o'clock

→ _____

2. she/ watch/ too much TV

→ _____

3. he/ go/ swimming twice a week

→ _____

4. we/ not like/ horror films

→ _____

5. she/ go/ school/ by bus

→ _____

6. he/ not play/ football/ Sundays

→ _____

7. they/ not go/ cinemas/ their friends

→ _____

8. my sister/ watch TV/ in the evenings

→ _____

Exercise 2. Rewrite the sentences as questions.

Example: He goes to school by bus. → **Does he go to school by bus?**

1. You watch too much TV.

→ _____

2. I need my iPad for school.

→ _____

3. She carries a lot of things in her bag.

→ _____

4. They use the laptop for their homework.

→ _____

5. We finish school at three o'clock today.

→ _____

6. Phong plays football.

→ _____

Exercise 9. Read the notes about Orlando Bloom. Then complete the text.

Fact file

Name: Orlando Bloom
From: Canterbury, UK
Family: a sister, Samantha
Pets: two dogs, Essa and Sidi
Hobbies: surfing, snowboarding
Not interested in: computers, the internet
Favourite actors: Jonny Depp, Brad Pitt
Favourite food: pizza and pasta

All about Orlando ...

Orlando Bloom is a famous actor and he's in the film Pirates of the Caribbean. Orlando has got a lot of fans in different countries. (1) _____, a small city in the UK. (2) _____ and her name's Samantha. He's mad about animals and (3) he's got two dogs. Their names are Essa and Sidi. He's also into sports - he likes (4) _____, but (5) _____ computers or chatting to people on the internet. He prefers meeting his friends in a café.

At home, Orlando likes watching films or DVDs – his favourite actors are (6) _____. He likes Italian restaurants, and he usually prefers (7) _____.