UNIT 1 FREE TIME

LISTENING

Task 1: Listen and complete the sentences. (Track 03)

1. Tuan likes ..... the Internet in his free time.	2. Webpages load ..... with a high-speed connection. 3. Tuan usually ..... his email. 4. Tuan sometimes orders products or ..... online. 5. Using the Internet can be fun and .....

Task 2:Listen and decide if the statements are True(T) or False(F)

1. Tuan likes surfing the Internet in his free time. _____
2. When Tuan gets home from work, he goes to bed. _____
3. He can download files quicker thanks to high-speed connection. _____
4. He never reads news on the Internet. _____
5. He orders products online to save money. _____

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SPEAKING

Task 1. Match the questions and answers. Then practice.

1. What do you enjoy doing in your spare time?		A. I don't know ... doing sport or playing a musical instrument.
2. How much time do you have each week for socializing with friends?		B. I want to improve my speaking skill.
3. What do you think is the best leisure activity for teens?		C. I prefer to spend my free time with my family and friends.
4. Why do you join English club?		D. I'm not sure. I might watch a video at home.
5. Do you prefer to spend your free time alone or with other people?		E. For relaxation, I prefer listening to soft music.
6. What do you do to relax yourself?		F. Every day to consume face book updates from friends and family.
7. How often do you use social media?		G. About five hours or fewer
8. Do you have any plans for next weekend?		H. I love reading and spend as much time as I can doing that.

Task 2. Write the question for the underline part.

1. A:_____

B: My mother watches films <u>every afternoon</u>.

2. A: _____

B: They went to the movies <u>yesterday evening</u>.

3. A: _____

B: I love hanging out with <u>my best friend Helen</u>.

4. A: _____

B: I don't give my personal information to websites <u>because it's easy to be stolen</u>.

5. A: _____

Children should spend <u>less than 2 hours</u> a day on screens.

6. A: _____

B: <u>Do-it-yourself (DIY)</u> is the most popular pastime in my country.

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7. A: _____

B: The art of paper folding originated in China.

8. A: _____

B: *1 vs 100* game show lasts ninety minutes.

READING

Task 1. Read the text about three teenagers

a.Write true (T) or false (T)

1 Anna is an active person and she likes many kinds of sports._____

2 Anna likes staying at home watching TV in her free time. ._____

3 Linda only prefers staying at home to make bags. ._____

4 Linda doesn't like things from books because she wants to learn from experience. ._____

5 John likes indoor activities like doing arts and crafts. ._____

Anna, 14 years old

My name's Anna. In my free time, I love doing something active. I like going rock climbing, skateboarding, and playing sports such as basketball or volleyball. To me, they are very exciting. They help me improve my health. I can also make friends with other players. Everybody says that I always look happy. Perhaps, it is because I like getting some exercise in my free time. Watching TV or staying at home sounds boring to me. I cannot stay at home for a long time.

Linda, 13 years old

Hello. My name's Linda. I love doing different activities when I have free time. When I want to be alone, I stay at home and read books or design handmade bags. I can learn many great things from books and make many bags with interesting shapes. I also love meeting my friends. Sometimes, I hang out and chat with them in our favorite coffee shops. It is a lot of fun.

John, 14 years old

Hi! I'm John. I don't really like going out or playing sports in my free time. I prefer staying in my own room and doing arts and crafts because they make me feel relaxed and happy after school. I also like chatting online with my friends and surfing the Internet. My mom tells me to get out of my room and do something more active, but I am not really interested in them.

b. Read the texts again. Fill in each gap with ONE WORD.

6 John's mother thinks he should go out to do something more. _____

7. Anna likes playing sports because they can make her_____ better.

8 Linda can_____ her new bags by herself.

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9 Linda thinks that chatting with friends is so much_____.

10 John prefers doing things in his_____ to going out.

Task 2. Choose the correct word A, B or C for each gap to complete the following passage.

I go on the Internet every day, but I've never (**1**) _____ more than an hour at a time online. I've got laptop and also a smartphone, so I can (**2**) _____ the internet anywhere. Today, for instance, I've been (**3**) _____ three times.

Mainly I just (**4**) _____ my friends. I read online magazines and I look (**5**) _____ information, too. I also compare prices of thing, (**6**) _____ I've never bought anything online because I don't think it's safe.

I'm not an Internet addict, but some of my friends (**7**) _____. One friend of mine always looks (**8**) _____ because he spends all night online. Although he's got a bad marks for the exams, he hasn't (**9**) _____ his habits.

In my experience, it's very useful for people who use the Internet(**10**) _____.

1. A. spend	**B**. spending	**C**. spent
2. **A**. have	**B**. use	**C**. play
3. **A**. online	**B**. internet	**C**. computer
4. **A**. write	**B**. email	**C**. send
5. **A**. at	**B**. in	**C**. for
6. **A**. because	**B**. but	**C**. although
7. **A**. is	**B**. were	**C**. are
8. **A**. tired	**B.** hard	**C**. happily
9. **A.** change	**B**. to change	**C**. changed
10. **A**. sensible	**B**. sensibly	**C**. sensibleness

Task 3. Read the passage and choose the correct answers.

Most people watch TV in their leisure time. A television is considered essential in every household. It can be the source of entertainment for all members in the family. There are always programmes suitable for different ages, genders and interests… Watching TV is a great way to spend time and bond with your family. Besides the entertainment value, TV shows can also be educational with cooking programmes, documentaries…TV is also a way to expand your mind

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and see places you couldn't in real life. However, spending too much time in front of the TV makes you a couch potato, lazy person who watches TV a lot. It can negatively affect your physical health because you are less likely to exercise. You creativity and imagination can also be limited because of television.

1. Which of the following would be the best title of the passage?

A. Television and Household.

B. Entertainment for family members.

C. Advantages and Disadvantages of watching TV.

D. Imagination from Television.

2. What proves that television serves all members in the family?

A. TV programmes are designed for different genders.

B. TV programmes are designed for all ages.

C. TV programmes are designed for various interests.

D. All are correct.

3. According to the writer, what are the advantages of watching TV?

A. Connecting family members.

B. Providing knowledge.

C. Opening your mind.

D. All are correct.

4. According to the writer, what are the disadvantages of watching TV?

A. Improving your physical health.

B. Encouraging your imagination.

C. A and B are incorrect.

D. A and B are correct.

5. Which of the following is NOT mentioned in the passage?

A. It costs much money to own a television.

B. People watch TV for entertaining.

C. A couch potato may had bad physical health.

D. There are cooking programmes and documentaries on TV

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WRITING

Task 1. Reorder the words to make meaningful sentences.

1. to/ you/ listening/ like/ music?/ Do

_____

2. in/ My/ flowers/ mother/ the/ planting/ garden./ loves

_____

3. swimming/ the/ parents/ enjoy/ My/ in/ sea./ really

_____

4. cycling/ Do/ fancy/ now?/ you

_____

5. and/ I/ My/ playing/ adore/ chess./ brother

_____

6. collecting/ dislikes/ stamps./ Rose

_____

7. taking/ I/ a/ don't/ in/ winter./ shower/ like

_____

8. detests/ Laura/ pottery./ making

_____

9. laboratory/ Minh Nam and I/ spending/ love/ a/ do/ hours/ to/ an experiment./ in

_____

10.interested in/ I/ fishing/ cold/ am not/ weather./ in/ this

_____

Task 2. Write the second sentence so that it has a similar meaning to the first one.

1. It takes us more than two hours to see the film "Avatar".

The film "Avatar" _____

2. She likes to hang out with friends on Saturday evening.

She's interested _____

3. She only allows her children to watch television at weekends.

She only lets _____

4. Could you help me with this box?

Would you _____

5. DIY skills aren't as hard to learn as I think.

DIY skills are _____

6. Who will take care of the garden while you are away?

Who will look _____

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7. How about going window-shopping this afternoon?

Shall _____

8. What leisure activity do you like most?

What's_____

Task 3. Write a short paragraph about your favourite leisure activity

What do you enjoy doing in your leisure time? What is your favourite leisure activity? Why do you enjoy doing it? How did you start doing it at first? How often do you practice it? Who do you often practise it with? Do your Mum/ Dad/ friend(s) also like it? What free-time activities would you like to try in the future?	……..

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