

PRACTICE

Exercise 1. Complete the sentences using the words in the box. You can use each word **ONCE** only.

bacteria	nutrients	recipe	antibiotics	ingredients
organism	treatment	viruses	strength	spread

1. Eating fruits and vegetables provides essential _____ for our bodies.
2. Farm animals are sometimes given specific types of _____ to encourage their growth.
3. Doctors provide different types of _____ depending on the specific illness or condition.
4. Washing your hands regularly can help prevent the spread of _____.
5. Mental _____ is important for staying focused and overcoming challenges.
6. The main _____ for this dish are chicken, rice, and vegetables.
7. The _____ of COVID-19 has affected countries around the world.
8. I used a cookbook to find a _____ for homemade pizza.
9. The bird is a fascinating _____ that can fly and build nests.
10. _____ can spread from person to person through coughing and sneezing.

