Task Three:

Multiple-Choice Reading (15 minutes) – Questions 14-20

You will read an article about personality traits.

- Read the following article.
- Answer the multiple-choice questions and choose the correct answer: A, B, C or D.
- Circle the correct answer on the right.

THE DIFFERENCE BETWEEN PERSONALITY TRAITS

It was Carl Jung who first introduced the concepts of introversion and extroversion as human personality traits back in the 1920s. Today, his theory still forms the basis of a very quiet – but nonetheless persistent – battle of wills.

The narrative is not evenly split between introversion and extroversion. We live in a global society that favours out-going people. Offices are open-plan to support group work and collaborative thinking. This set-up suggests extroverts have the advantage. However, there are many articles championing the introverts. They are considered to be bookish, thoughtful and romantic. In addition, in online social media platforms introverts are said to be far more effective.

There are differences in how people adjust to challenges. People with certain characteristics are more vulnerable than others. There are a lot of misconceptions about introverts. Some people say they're antisocial, even rude. But in many cases, being an introvert can actually be an asset. Introverts are people who recharge their batteries by spending time alone. They process information internally, and more thoughtfully. They are far better listeners than extroverts. That is due to their discomfort, when it comes to speaking. However, they have more focused conversations when they have something to say. They are loyal friends, excellent at networking and often leave lasting impacts. In addition to their superior listening skills, introverts possess a superpower: their observation skills are outstanding. They read the room easily. They are more likely to notice people's body language and facial expressions, which makes them better at interpersonal communication.

On the other hand, an extrovert person is an outgoing social butterfly who, in contrast, gets his or her energy from social interactions. Some people might believe extroversion is a boorish individual at a loud party, demanding attention. But that is not always the case. Extroverts tend to speak as a means of exploring and organising their thoughts and ideas. They are more inclined to jump into a conversation before fully processing what the other person has said, not because they are selfish and indifferent but because they process information interactively. Extroverts are typically very open and willing to share their thoughts and feelings. They crave energy, and it's important to them that people enjoy their company. When they perceive boredom or uneasiness, extroverts feel uncomfortable, so they will work harder to remedy the situation.

Nevertheless, one must not believe that one personality type is better than another. Do away with the unhelpful "us versus them" rhetoric. Each type has its own benefits and neither type is emotionally bulletproof. We are all extrovert in some situations and more introvert in others.

Questions for Task Three:

14 **Which of the following could be an alternative title?**
- A Introverts, extroverts and social media
- B Personality traits and independence
- C Human polarity and behaviour
- D Social context and the brain

15 **Introverts are not as sociable because they**
- A don't like vulnerable people.
- B don't need company to regain energy.
- C don't read anything but romantic books.
- D don't like social butterflies.

16 **Extroverts prefer speaking to listening because**
- A they are uninterested in the other person.
- B they are too loud to listen to others.
- C they are able to deal with information conversationally.
- D they lack the ability to deal with boredom and anxiety.

17 **Introverts read the room easily because they**
- A are rather bookish and thoughtful.
- B have great powers of observing people.
- C have more facial expressions than extroverts.
- D are better at interpersonal communication.

18 **Extroverts like going out because they**
- A love to tell others about their ideas.
- B can read body language as a source of information.
- C would like to have a real superpower.
- D would like to feel much less comfortable.

19 **Based on the text, the major difference between introverts and extroverts is**
- A their idea about life in general.
- B their attitude in social interactions.
- C the number of friends they have.
- D the general mood they have.

20 **Considering every aspect, the article suggests that personality traits**
- A are unhelpful and mixed.
- B are only mere rhetoric.
- C have their own advantages.
- D have to be done away wi

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