

ULTIMATE CREATIVE WRITING PHRASEBOOK VOL 1



The Write Tribe

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LIVEWORKSHEETS

Set 13 - Feelings (Worry)

No	word/phrase	meaning
1	Worry	Her lipstick was smeared. Her eyes were bloodshot. I saw dried tear tracks on her pale cheeks. The panic was evident in her voice My thoughts were spinning out of control My stomach was in knots and I could barely catch my breath The worry felt like a storm cloud hovering over my head, casting a shadow over everything else in my life. My mind was stuck in a loop of anxious thoughts I felt tensed and nervous. I could not focus on anything else. My head started racing and sweat was pouring out of my head I felt like I was going to throw up I felt like I was going to get a panic attack Every little sound felt like it was multiplying tenfold. I could not sit still. Anxiety was eating me up! I was picking at my skin more than usual that day. That's because I was feeling more anxious than usual.



Set 13 - Feelings (Worry) Exercise

No	word/phrase	meaning
1	Worry	Her lipstick was . Her eyes were I saw dried tear on her pale cheeks. The panic was in her voice My thoughts were out of control My stomach was and I could barely my breath The worry felt like a storm cloud over my head, casting a shadow over everything else in my life. My mind was stuck in a of anxious thoughts I felt tense and nervous. I could not on anything else. My head started and sweat was out of my head I felt like I was going to up I felt like I was going to get a panic Every little sound felt like it was tenfold. I could not sit still. Anxiety was me up! I was at my skin more than usual that day. That's because I was feeling more anxious than usual.

Set 14 - Feelings (Disappointment)

No	word/phrase	meaning
1	Disappointment	I let out a hoarse wail and sank to my knees on the floor. My three friends huddled around me. Walker tried to pull me to my feet. But my head was spinning. I didn't want to stand up. "They're not coming!" I finally managed to choke out. "Not coming." Shane and Shana shook their heads glumly, but didn't say a word. We all stayed frozen in place, stunned, too miserable to talk. climbed shakily to my feet. Her smile faded "Thank you," I said in a tiny voice. I couldn't hide how upset I felt. I really wanted Mother to bring me to the zoo Feeling weary, she collapsed onto the chair. He looked up with hands raised in a 'why me?' position.



Set 14 - Feelings (Disappointment) Exercise

No	word/phrase	meaning
1	Disappointment	I let out a [] wail and [] to my knees on the floor. My three friends [] around me. Walker tried to [] to my feet. But my head was []. I didn't want to stand up. "They're not coming!" I finally managed to [] out. "Not coming." Shane and Shana shook their heads [], but didn't say a word. We all stayed frozen in place, stunned, too [] to talk. [] climbed [] to my feet. Her smile [] "Thank you," I said in a [] voice. I couldn't [] how upset I felt. I really wanted Mother to bring me to the zoo Feeling weary, she [] onto the chair. He looked up with hands [] in a 'why me?' position.



Set 15 - Feelings (Disgust)

No	word/phrase	meaning
1	Disgust	I was sick. I thought I was going to heave up my lunch on the grass. "Hey—no way!" he cried, making a sick face. He wrinkled his nose in disgust He covered his mouth with his hand and fled towards the toilet. She flinched unable to look at the scene in front of her. He had to walk away to regain composure to brace himself to look at the disgusting sight. She gagged for a moment. Her face was pallid green. She pinched her nose and narrowed her eyes.

Set 15 - Feelings (Disgust) Exercise

No	word/phrase	meaning
1	Disgust	I was sick. I thought I was going to up my lunch on the grass. "Hey—no way!" he cried, making a face. He his nose in disgust He his mouth with his hand and fled towards the toilet. She unable to look at the scene in front of her. He had to walk away to regain to brace himself to look at the disgusting sight. She for a moment. Her face was green. She her nose and narrowed her eyes.