

# UNIDAD EDUCATIVA BENJAMIN FRANKLIN

## SCIENCE HOMEWORK

### SIXTH GRADE

1. Fill the blank spaces with the correct word. Use your book if you need it.

- 1 fiber: a complex carbohydrate that helps with our digestion
- 2 \_\_\_\_\_: nutrients from, e.g., meat and fish that build our bodies' tissues
- 3 \_\_\_\_\_: types of nutrients such as sugars, starch, and fiber
- 4 \_\_\_\_\_: a complex carbohydrate found in bread, corn, and potatoes
- 5 \_\_\_\_\_: a measure of the amount of energy provided by food
- 6 \_\_\_\_\_: there are three kinds of these in your food
- 7 \_\_\_\_\_: a type of sugar that gives a lot of energy
- 8 \_\_\_\_\_: a waxy substance that is like a fat