

HOW OFTEN? ADVERBS OF DEFINITE FREQUENCY

Number + Times	A	Time Period
Once*	a	day
Twice*	a	week
Three times	a	month
Four times	a	year

EVERY	Number	Time Period
Every	two	days
Every	three	weeks
Every	four	months

EVERY	Time Period
Every	day
Every	week
Every	month

Time Period
daily
weekly
monthly
annually

* one time ✗
 once ✓
 two times ✗
 twice ✓

For example:

- She visits the dentist twice a year.
- He goes to the gym three times a week.
- I call her daily to make sure she is fine.
- There is a leap day every four years.
- We pay our mortgage every month.

1. Mr. Smith goes to the dentist _____ a week.

- a. Twince
- b. two times
- c. twice

2. Valentine eats fast food once _____.

- a. a month
- b. in month
- c. month

3. Does the following sentence have a DEFINITE or INDEFINITE adverb of frequency: **I usually take a shower after doing exercise.**

- a. Definite
- b. indefinite

4. Does the following sentence have a DEFINITE or INDEFINITE adverb of frequency: **Edward goes shopping for shoes every two months.**

- a. Definite
- b. indefinite

5. I go to the beach once a _____.

- a. a years
- b. a year
- c. on every year

6. Jeremiah buys groceries every Monday and Thursday. He buys groceries _____.

- a. twice a month
- b. twice a week
- c. twice

7. We have a meeting once a month. How many sessions do we have in a year?

- a. 6
- b. 12
- c. 1

8. He gets a special visitor _____.

- a. Mothly
- b. Monthly
- c. a month

9. They do their taxes _____.

- a. annual
- b. annually
- c. a year

10. Which of the following sentences has a definite adverb of frequency?

- a. He rarely goes swimming
- b. I started a new job last year
- c. They are twins
- d. He eats cake once a year