

PROCEDURE TEXT

Goal : HOW TO MAKE FRIED RICE



fried rice

MATERIALS :

- 3 CUPS COOKED RICE
- 2 SPRAYS COOKING SPRAY
- 1 CUPS UNCOOKED CARROTS, SHREDDED
- 1/2 CUPS FROZEN GREEN PEAS, THAWED
- 2 LARGE EGGS, LIGHTLY BEATEN
- 1 CUPS UNCOOKED SCALLIONS, SLICES, DIVIDED
- 1/4 CUPS LOW SODIUM SOY SAUCE, OR TO TASTE



Steps:



- COAT A LARGE NONSTICK SKILLET WITH COOKING SPRAY, WARM PAN OVER MEDIUM-HIGH HEAT
- ADD EGGS, TILT PAN SO THAT EGGS COVER BOTTOM.
- WHEN EGGS START TO SET, BREAK THEM UP INTO TWO PIECES WITH A HEAT-PROOF SPATULA.
- COOK UNTIL EGGS ARE COOKED THROUGH ABOUT ONE MINUTE MORE
- REMOVE EGGS FROM SKILLET AND SET ASIDE.



STUDENTS WORKSHEET



NAME :

GOAL:

MATERIALS :

STEPS :

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NOTES

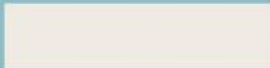
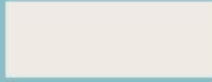




HOW TO MAKE SANDWICH



I. DRAG INGREDIENTS TO THE RIGHT PICTURE!



- 2 SLICES OF BREAD
- FRIED EGG
- CHEDDAR CHEESE
- SLICED TOMATO
- LETTUCE LEAVES
- MAYONNAISE
- TOMATO SAUCE

II. CHOOSE THE BEST ANSWER ON THE BOX BELOW TO RE-ARRANGE THESE SENTENCE INTO THE RIGHT STEP!

A. THEN,ADD FRIED EGG,CHEDDAR CHEESE, AND TOMATO SAUCE ON IT

B. AFTER THAT, PUT A SLICE OF BREAD ON THE TOP TO COVER THEM

C. SECOND, PUT THE SLICED TOMATO

STEP :

1. FIRST, PLACE A SLICE OF BREAD ON THE PLATE

2. _____

3. _____

4. NEXT, ADD LETTUCE

5. _____

6. FINALLY,SANDWICH IS READY TO SERVE

