THE POLAR CHALLENGE (FILE 2B)

HELEN SKELTON COMPLETES POLAR CHALLENGE | SPORT RELIEF 2012

- Look at the picture on the right. what do you think is the connection with charity? brainstorm some ideas. watch the video and check.

- Fill in the blanks with the words below

bring, freaky, feeling, under, minus, frustrating, walking, steam, it, skiing, down, cycle, 50, smiling

Day 2

It's so _____(1) I think we have to miss it. We're _____(2) to play. That is such a good feeling. I will be attempting to get to the South Pole entirely _____(3) my own _____(4) and taking everything I need with me. I'll be _____(5), kite _____(6) and in a world first I will be trying to _____(7) part of my route to the Pole. It's the coldest and windiest place on Eart. Temperatures drop to as low as _____(8) _____(9) degrees Celsius. So I really don't know why I'm _____(10)

Day 3

I have no idea how people do this _____(11) _____(12)! I don't want to play anymore. This is just so _____(13)

Day 4

That is such a good _____(14)

- Do you know anybody who has done anything similar? Would you do something like that?

LIVEWORKSHEETS