
Task 1

- In the following text about how to use smartphones really smartly, the headings have been removed.
- Your task is to match the headings to the paragraphs.
- Write the letters of the headings (A-I) next to the appropriate numbers (1-6).
- There are two extra headings that you do not need.
- Write the letters in the white boxes as in the example (0).



TAKE CONTROL OF YOUR PHONE

Here is a list of simple changes that can help you become a mindful user of your device.

0) _____

Get rid of unnecessary banners, red dots and vibrations that take you back into apps you don't need to be in. Allow only messaging apps to send you notifications, when real people want your attention.

1) _____

Colourful icons give our brains shiny rewards every time we unlock. Keep colours for when you really need them.

2) _____

Leave your phone in another room for the night. This way, you can wake up without finding yourself checking your phone before you even get out of bed.

3) _____

Placing your phone in a drawer or a place where you can't see it can help reduce the anxiety of wanting to check it. Ideal solution for homework time.

4) _____

It's easy to misinterpret written messages. Recording a quick voice message instead is safer – and faster – than typing out each letter.

5) _____

These apps tend to use up most of our time. Train yourself to use them from your computer only. Or even better: make efforts to interact with people in person.

6) _____

Meditation and monitoring apps will give you back the time that other apps have stolen. Through short, daily exercise, they help you use your phone in a healthy way.

(www.humanetech.com)

0	C
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A) Set yourself a daily screen time limit.

1)		
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B) Remove social media from your phone.

C) *Turn off all notifications except from people.*

2)		
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D) Make your screen monochrome.

E) Study with your phone out of sight.

3)		
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F) Download apps that help you get back to real life.

G) Get a real alarm clock.

4)		
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H) Make your meals device-free.

I) Send audio notes instead of text messaging.

5)		
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6)		
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Task 2

- Read this article about an interesting find. Some parts of sentences have been left out from the text.
- Your task is to reconstruct the text by filling in the gaps (7-13) from the list (A-K) below.
- Write the letters in the white boxes next to the numbers as in the example (0).
- Remember that there are two extra letters that you do not need.



LADY WITH METAL DETECTOR DISCOVERS 'GOLD RING' IN FIELD

An antique ring was discovered near the hall (0) _____.

Sue Kilvert, 66, a retired postlady, (7) _____, found a ring that may have belonged to William Shakespeare.

Ms Kilvert was searching the fields next to Shakespeare Hall in Warwick with her metal detector (8) _____ and discovered a small ring with the words on the inside of the band 'Truth Betrayes Not'. Shakespeare Hall was owned by the famous playwright's family and it is probably the place (9) _____ in 1595.

Ms Kilvert said: 'It was tiny so I thought it might be a modern child's ring but (10) _____ I could see the words and realised it could be something very valuable.' Ms Kilvert showed her find to a group of fellow metal detectorists, (11) _____. Such gold rings were popular between the 15th and 17th centuries as gifts for lovers.

The ring has been sent to a museum in Birmingham (12) _____ to see if it has a deeper connection with Shakespeare.

The 66-year-old lady hopes to keep the ring, (13) _____, but she will have to give it up if it is declared as a 'treasure' under the Treasures Act. In that case, she will have to offer it for sale to a museum at a price set by the Treasure Valuation Committee.

(metro.co.uk)

0)	C
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A) which she believes is a 'once in a lifetime find'

7)		
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B) where he wrote his play '*As You Like It*'

C) *which was owned by William Shakespeare's family in Tudor times*

8)		
----	--	--

D) which was the only ring he liked

E) who spends her spare time looking for hidden treasure

9)		
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F) who said it was probably a 'posy ring'

G) who lived in the 17th century

10)		
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H) when I took a closer look

I) when she got a strong signal at the bottom of the grounds

11)		
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K) where it is going to be examined

12)		
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13)		
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Task 3

- Read this article about some scientific research and then read the statements (14-21) following it.
- Mark a statement **A** if it is true according to the article, mark it **B** if it is false, and mark it **C** if there isn't enough information in the text to decide if it is true or not.
- Write the letters in the white boxes next to the numbers as in the example (0).
- A = TRUE B = FALSE C = THE TEXT DOES NOT SAY



RESEARCHERS PAY PEOPLE TO STAY IN BED

Getting paid \$23,000 to stay in bed for two months sounds pretty good. That's what a medical research team is offering to 24 volunteers.

Researchers are looking for volunteers to help them study the effects of weightlessness on the human body by spending 60 days lying down. Lying in bed isn't exactly the same as being weightless, but it affects the body in a similar way.

When astronauts spend a long time in an environment with no gravity, their bodies are affected in many ways; for example, their hearts don't pump as hard, their muscles become weaker because they no longer have to work against gravity, and their bones may break more easily. There may also be changes in their immune systems and sleep habits.

The goal of the present study, which will take 88 days altogether, is to measure the effects of weightlessness, and also to find ways to prevent problems. During the first two weeks, the volunteers' levels of health and fitness will be measured. Then, they will spend 60 days lying in bed with their heads slightly lower than their bodies. They will have to do everything while lying down, including eating, brushing their teeth, and going to the bathroom. The rule is that they must have at least one shoulder touching the bed at all times. Half of the volunteers in the study will be taking special food supplements to see if they help reduce the health problems caused by weightlessness. The last two weeks of the study will be spent taking more measurements and trying to build up their strength again.

Volunteers must be men between the ages of 20 and 45 who are in perfect health and physically active. They must be non-smokers and have no allergies.

(<https://teachingkidsnews.com>)

0) *A total of \$23,000 will be spent on the medical research project.*

0)	B
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14) Companies are welcome to sponsor the research.

14)		
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15) Volunteers will be paid the money when the research is finished.

15)		
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16) The aim of the research is to study how weightlessness affects astronauts while they sleep.

16)		
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17) Lying in bed has a similar effect on the body to weightlessness.

17)		
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18) Astronauts have reported difficulty falling asleep after spending months in space.

18)		
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19) People who take part in the test can sit up only during their meals.

19)		
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20) Volunteers' health and fitness will be checked during the research.

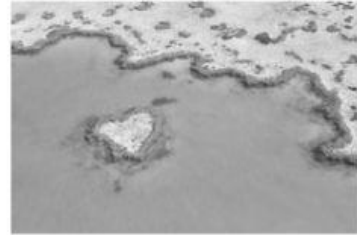
20)		
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21) Anyone who does not smoke and is physically fit may take part in the research.

21)		
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Task 4

- Read this article about a dream job in Australia.
- In the sentences that follow the text, there are some gaps.
- Your task is to fill each gap with one word so that the sentences correspond to what the text says.
- Write the words on the dotted lines. An example (0) has been given for you.



DREAM JOB ON THE BEACH

Queensland's latest tourism campaign is offering job seekers a fantastic opportunity on the Great Barrier Reef in Queensland, Australia.

Tourism Queensland is looking for applicants willing to walk white sandy beaches, sit under palm trees and swim with turtles as they soak up the sun. The successful candidate will be asked to keep a blog and photo diary in exchange for living on Hamilton Island, and a \$150,000 monthly paycheck for half a year. According to the job advertisement, applicants must be willing to “swim, snorkel, make friends with locals and generally enjoy the tropical Queensland climate and lifestyle.”

The “island caretaker” position was created as part of a \$1.7 million marketing strategy by *Tourism Queensland* to boost tourism on the island. Australian Marketing Institute president Roger James said the campaign was an interesting idea. “The goal is to find someone who is able to write interesting blog entries, post inspiring videos weekly, and show their followers that Queensland is worth visiting.”

The winning candidate must be a good swimmer, excellent communicator, be able to speak and write English, have an adventurous attitude, enjoy snorkelling and/or diving and be willing to try new things. The job includes free accommodation in a three-bedroom home on Hamilton Island with an amazing view of the sea.

(<https://www.traveller.com.au>)

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- 0) *Tourism Queensland* is looking for a(n) _____ caretaker on the Great Barrier Reef in Australia.
- 22) The job involves sunbathing and _____ in the sea.
- 23) The person who gets the job will have to write a(n) _____ about their adventures in Queensland.
- 24) The duration of the job is _____ months.
- 25) The island caretaker has to have a level of _____ good enough to communicate with locals.
- 26) The caretaker will have to share videos once a _____ .
- 27) The person who gets the job will stay in a house for _____ .

- 0)*island*.....
- 22)
- 23)
- 24)
- 25)
- 26)
- 27)

0)	
22)	
23)	
24)	
25)	
26)	
27)	

Task 1

- You are going to read a joke about a father explaining words to his daughter. Some words are missing from the text.
- Use the words in brackets to form the words that fit in the gaps (1-8).
- Then write the appropriate form of these words on the lines after the text.
- There might be cases when you do not have to change the word in brackets.
- Use only one word for each gap.
- There is an example (0) at the beginning.

ANGRY OR FURIOUS?



A young girl was preparing for her (0) _____ (*finish*) exam. One day she came home (1) _____ (*exhaust*) and asked her father, “Dad, what is the (2) _____ (*differ*) between anger and fury?”

The father replied, “The second is much stronger than the (3) _____ (*one*). Let me show you ...”

The father went to the telephone and dialled a number at random. To the man who answered the phone, he said, “Hello, is Melvin there?”

A rather (4) _____ (*friendly*) male voice answered, “There is no Melvin here. Check that number again!”

“See,” said the father to his daughter. “That man was not really happy with our call. He was probably busy, and found our call a bit (5) _____ (*annoy*). Now watch ...”

The father dialled the same number again. “Hello, is Melvin there?” asked the father. “Now look here!” came the heated (6) _____ (*reply*). “I’ve just told you that there is no Melvin here! Leave me alone!” The receiver was slammed down (7) _____ (*hard*).

The father turned to his daughter and said, “You see, that was anger. Now I’ll show you what fury means.”

He dialled the same number, and a violent voice shouted, “HELLO!” The father (8) _____ (*calm*) said, “Hello, this is Melvin. Have there been any calls for me?”