

# Food and cooking

# VOCABULARY BANK

## 1 FOOD

a Match the words and photos.

### Fish and seafood

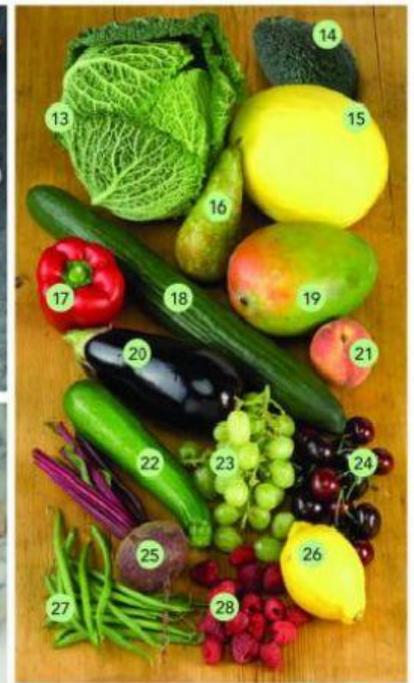
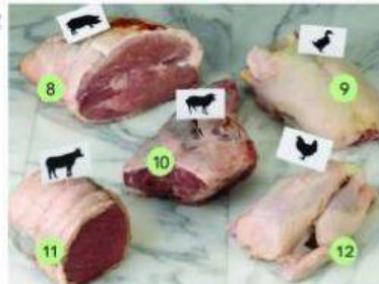
- 1 crab /kræb/
- lobster /'lɒbstə/
- mussels /'mʌslz/
- prawns /praʊnz/
- salmon /'sæmən/
- squid /skwɪd/
- tuna /'tju:nə/

### Meat

- beef /bi:f/
- chicken /'tʃɪkɪn/
- duck /dʌk/
- lamb /læm/
- pork /pɔ:k/

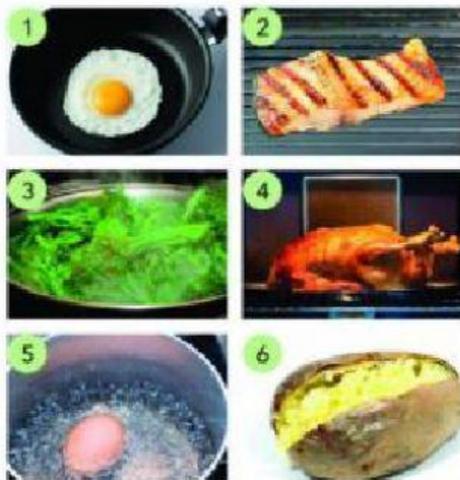
### Fruit and vegetables

- aubergine /'əʊbədʒi:n/ (AmE eggplant)
- avocado /ə'veɪkədəʊ/
- beetroot /'bi:tru:t/
- cabbage /'kæbɪdʒ/
- cherries /'tʃeriz/
- courgette /kəʊ'ʒet/ (AmE zucchini)
- cucumber /'kju:kʌmbə/
- grapes /g'reɪps/
- green beans /grɪn 'bi:nz/
- lemon /'lemən/
- mango /'mæŋgəʊ/
- melon /'melən/
- peach /pi:tʃ/
- pear /peə/
- raspberries /'ræz'bɛrɪz/
- red pepper /red 'pepə/



## 2 COOKING

a Match the words and photos.



- baked /beɪkt/
- boiled /bɔɪld/
- 1 fried /fraɪd/
- grilled /grɪld/
- roast /raʊst/
- steamed /stɪmd/

## 3 PHRASAL VERBS

a Complete the phrasal verbs with a word from the list.

down on out (x2)

- 1 I **eat** \_\_\_\_\_ a lot because I often don't have time to cook. Luckily, there are lots of good restaurants near where I live.
- 2 I'm trying to **cut** \_\_\_\_\_ coffee at the moment. I'm only having one cup at breakfast.
- 3 The doctor told me that I should completely **cut** \_\_\_\_\_ all cheese and dairy products from my diet.

Look at some quotes about food from Pinterest. Complete the gaps with a word or phrase from the list.

cake cookie fruit salad onions pasta pear tomato

