5TH GRADE - SCIENCE

FOOD AND HEALTH

INTERACTIVE WORKSHEET 02

I. Choose the correct Answer.



Sources of ____



Sources of ____



Sources of ____



Sources of ____

II. Choose the correct answer

Vitamins | Undigested | Protein | five

1. Milk and milk products are rich in ____.
2. ____ protect our body from diseases.
3. Roughage is the ____ portion of the plant food.
4. We should eat ____ portions of fruits and vegetables every day.

GALAXY ESCHOOL

LIVEWORKSHEETS