2ND GRADE - SCIENCE

BONES & MUSCLES

INTERACTIVE WORKSHEET 04

I. Choose the correct answer

exercise | straight | bones | strong | soft

1. The hard parts of the body are called _____
2. The _____ parts below the skin are called muscles.
3. Bones and muscles become strong if we _____ regularly.
4. Eating healthy food makes bones and muscles _____.
5. You should keep your back _____ while walking.

II. State whether the following statements are true(T) or false (F)

1. Our body has a framework of bones called muscles. ☐
2. Exercise makes our body healthy and strong. ☐
3. Heavy food is not important for strong bones and muscles. ☐
4. We should always sit with our back straight. ☐

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LIVEWORKSHEETS