1 **Read about food in South Africa.**

Big Breakfast

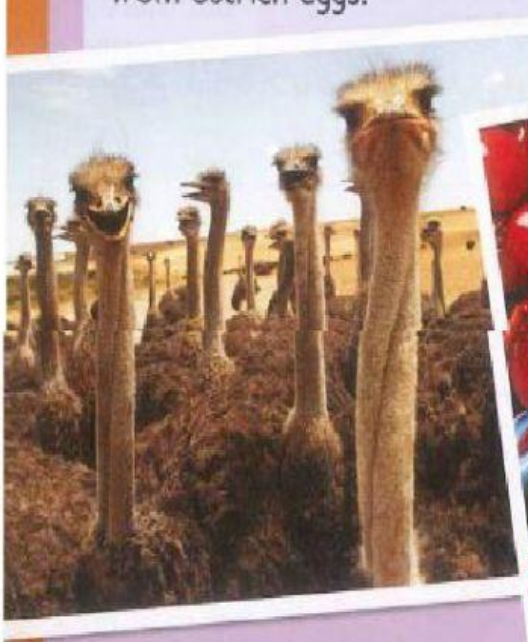
It's a Fact!

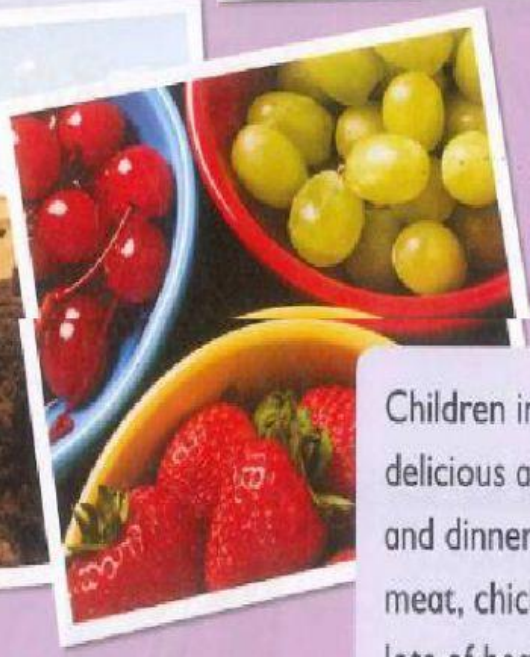
One ostrich egg weighs the same as about 24 chicken eggs!

Many children all over the world have cereal, toast, and eggs for breakfast. But in South Africa, if you go to an ostrich farm, there are omelets on the breakfast menu – very big omelets made from ostrich eggs!



Ostrich eggs taste the same as chicken eggs, but they have very hard shells. You can jump on an ostrich egg and it won't break!





Children in South Africa eat really delicious and healthy food for lunch and dinner. There are traditional meat, chicken, and fish dishes and lots of healthy snacks like cherries, strawberries, and grapes.

2 **Find and write.**

1 What three things do many children have for breakfast?

2 What do they eat for snacks?

3 Why are some omelets special in South Africa?

4 What is unusual about ostrich eggs?

LIVEWORKSHEETS