

# Association between body composition, high levels of c-reactive protein and functional capacity in adult patients with congenital heart disease

Congress Language

## Important Words

Listen and repeat.

- ▶ Participants
- ▶ Conference
- ▶ Issues
- ▶ Objectives
- ▶ Outcomes
- ▶ Results

## Listen and repeat these sentences.

1. Good morning.
2. It's a pleasure to present the partial results of my research in this conference.
3. I'm very glad to present my research in this conference.
4. I would like to thank the Organizing Committee (for inviting me).
5. I would like to thank everyone involved in the ... Organization of this conference.

Listen and repeat the sentences below.

- ▶ Thank you for the opportunity to share some findings with you.
- ▶ I am glad to be here today to present partial results of my research.

## Listen and repeat the sentences below.

- ▶ I am happy to present to you some significant findings from MY PHD research.
- ▶ In this presentation, I'm going to show the association between body composition, high levels of c-reactive protein (CRP), and functional capacity in adult patients with congenital heart disease.

Listen and repeat the sentence below.

- This study explores relevant issues related to overweight, physical activity, and sedentary lifestyles in congenital heart disease patients.

## OBJECTIVE

Listen and repeat the sentences below.

- ▶ The main objective of this analysis was to
- ▶ Study the correlation between body composition variables, functional capacity and CRP levels.

Listen and repeat the sentences below.

- ▶ The results highlight the importance of early intervention ...
- ▶ ... to improve the quality of life of adult patients with congenital heart disease.



## Listen and repeat the sentences below.

- ▶ Participants were evaluated using cardiopulmonary exercise tests.
- ▶ Patients were classified according to their BMI:
- ▶ underweight, healthy weight, overweight, and obesity,
- ▶ for comparison with the variables under investigation: VO<sub>2</sub>, CRP, body-fat percentage, fat-free mass.