



HEALTHY HABITS



HAVE

EVERY

A

DAY.

I

SHOWER



I

WATER

EVERY

DRINK

DAY.



EVERY

I

MY

WASH

DAY.

HANDS



DO

DAY.

EVERY

EXERCISE

I



TEETH

BRUSH

I

MY

DAY.

EVERY



HEALTHY

I

FOOD

EVERY

EAT

DAY.