

## Present Perfect Continuous



We use the present perfect continuous to talk about repeated activities which started at a particular time in the past and are still continuing up until now.

Affirmative

Subject + has / have + been + V.ing.

Negative

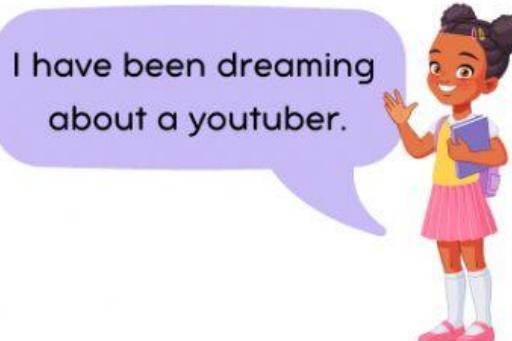
Subject + has / have + not + been + V.ing.

Question

Has / Have + Subject + been + V.ing?



What have you been  
dreaming about lately?



I have been dreaming  
about a youtuber.

Exercise 1: Complete the sentence using present perfect continuous.

1. It \_\_\_\_\_ (rain) for several days.
2. We \_\_\_\_\_ (make) Tiktok videos all day.
3. I'm sorry I'm late \_\_\_\_\_ you \_\_\_\_\_ (wait) a long time?
4. She \_\_\_\_\_ (think) about quitting her job.
5. Tracy and Tony \_\_\_\_\_  
\_\_\_\_\_ (play) soccer for an hour.



## Present Perfect Continuous

Exercise 2: Choose the best answer.

1. I'm tired because I \_\_\_\_\_ been working out.  
a. has    b. have    c. had    d. am
2. We have been watching TV \_\_\_\_\_ we had dinner.  
a. by    b. for    c. since    d. because
3. My brother has been travelling \_\_\_\_\_ two months.  
a. by    b. for    c. since    d. because
4. Why hasn't Joe \_\_\_\_\_ to rehearsals recently?  
a. been come    b. been coming    c. is coming    d. comes
5. Her eyes are red and puffy. It seems she \_\_\_\_\_  
a. has been cried    b. cried  
c. have been crying    d. has been crying
6. Your phone \_\_\_\_\_ for a minute. Why don't you reply?  
a. has ringing    b. have been ring  
c. has been ringing    d. hasn't rung
7. What \_\_\_\_\_ since morning?  
a. been come    b. have you been doing  
c. are you doing    d. you have been done
8. Daisy and her husband \_\_\_\_\_ Dennis for fifteen years.  
a. am knowing    b. have known  
c. was knowing    d. have been knowing
9. His playing has improved because he \_\_\_\_\_ all month.  
a. practiced    b. will have practiced  
c. had practiced    d. has been practicing
10. Don't come before seven. I \_\_\_\_\_ my homework  
a. haven't been finishing  
b. hadn't been finished  
c. won't have finished  
d. hasn't been finishing



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