

BLOG

PROCRASTINATION

lazy regulary personal trait nowadays to avoid
stick to the plan motivation

Procrastination is a very big problem of many people _____. It's not like a _____, but it's more like a lifestyle. Sometimes you can feel really tired, and you cannot do anything, so you put things off for another day and have some rest. It's a normal thing that everyone can afford. But when it happens _____, it becomes a bad habit. The more obligations you try _____ today, the more you will have tomorrow. A person who procrastinates a lot becomes irresponsible and _____. She cannot _____ or even make this plan. After all, a person gets used to this lifestyle and loses _____ to spend his time usefully.

True\ false

- 1) Everyone can have a rest if he or she is tired.
- 2) Procrastination can become a bad habit.
- 3) People who procrastinate a lot, are punctual and hardworking.
- 4) It is hard to stick the plan when you always put things off for another day.
- 5) Those who procrastinate a lot, don't spend their time usefully.

