

Task 1. Complete the sentences with the words in the box

race around, take on, struggle with, make time for, have no control over, be overwhelmed by,
pile up, keep up with, take time out

1. She _____ balancing her work and personal life, often feeling overwhelmed by the demands of both.
2. Despite her busy schedule, she always _____ her hobbies and passions.
3. He decided to _____ the new project at work, even though he knew it would require additional effort.
4. In the morning rush, she _____ - the house trying to get ready for work on time.
5. With the rapidly changing technology, it can be challenging to _____ the latest advancements.
6. After months of non-stop work, she finally decided to _____ and go on a vacation.
7. The circumstances were beyond his control, and he _____ the outcome of the situation.
8. The tasks kept _____, and she struggled to stay organized and meet all the deadlines.
9. _____ the workload, she sought help from her colleagues to lighten the burden.

Task 2. Replace the words in bold in the sentences with the phrases in the box.

take time out, race around, make time for, struggle with, keep up with, take on, pile up, be
overwhelmed by, have no control over

1. Despite her busy schedule, she always finds a way **to allocate time** for her passions and pursue her hobbies.
2. The circumstances were beyond his influence, and he **had no power over** the outcome of the situation.
3. In her frantic rush, she **hurriedly moves around**, trying to stay on top of her numerous commitments.

4. He eagerly **accepts** new responsibilities and embraces them with enthusiasm, pushing himself to grow and excel.

5. After months of constant work, she finally decides **to take a break** and indulge in some much-needed relaxation.

6. Kate **faces challenges** with adapting to new environments and strives to find her place wherever she goes.

7. The tasks continue **to accumulate**, and she struggles to manage the mounting workload.

8. With the rapidly changing landscape of technology, it can be demanding **to keep pace with** the latest developments.

9. He **felt flooded with** the amount of paperwork on his desk, feeling swamped with documents that needed his attention.

Task 3. Put the verbs in brackets in the correct tense: PRESENT SIMPLE or CONTINUOUS.

1. I (not see) Peter tonight.

2. She (realize) everything quite clearly.

3. We (believe) this situation is temporary.

4. You (always lose) your cellular phones.

5. I (not read) any books right now.

6. They really (hate) staying on their own.

7. He (hear) strange noises now and then.

8. We can see that the amount of waste (reduce) gradually.

9. The theater's timetable shows that the movie (start) _____ at 5:15 p.m.

10. he (walk) or (run) ?

11. I (imagine) my vacation on the beach.

12. She (never tell) the truth and it is annoying.

13. you (listen) to music or can I turn it off?

14. I (write) this exercise.

15. Every morning, as the sun rises, she (savor) _____ -a steaming cup of freshly brewed coffee while gazing out at the serene landscape.