

Sports in the Lake District

BBC



 18 Watch the video and answer the presenter's question. Can you name four sports you can do in the Lake District?

 18 Watch the video again. Complete the sentences.

- 1 The Lake District is in the _____ of England.
- 2 There are lots of hills and quiet roads for _____.
- 3 The mountain, Scafell Pike, is _____ metres high.
- 4 You should never go _____ on your own.
- 5 People wear wetsuits to keep _____.
- 6 The most extreme sport you can do is _____.