

UNIT 5 A

VOCABULARY: HEALTH PROBLEMS

- 1  5.1 Complete the problems 1–16 with the words in the box. Listen and check.

stomachache backache broke nosebleed burned cold cough cut
earache flu headache hurts sore throat stressed temperature toothache



1 I _____ my hand.



2 I have a _____.



3 I _____ my finger.



4 I _____ my leg.



5 I have a _____.



6 I have a _____.



7 I have a _____.



8 I have a _____.



9 I have a _____.



10 I have an _____.



11 I have a _____.



12 I have a _____.



13 I'm _____.



14 My knee _____.



15 I have the _____.



16 I have a _____.

1 Match the speech bubbles with the pictures.

a

b

c

d

e

1 I have a headache.

2 I cut my finger.

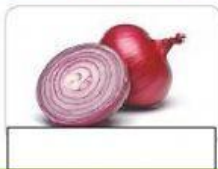
3 I'm stressed.

4 I have the flu.

5 I have a cough.

- 2 Look at the title and the pictures in the text. In pairs, try to match the strange health tips with the problems in exercise 1. Read the text quickly and check.

Five **strange** health tips that you should know about



The Internet is full of websites that offer health tips, some serious and some strange. Here are our top five tips from the web ... do they work? You can decide on that!

Do you have a temperature or the flu? Then you should put some onion in your socks and wear them at night. You'll feel much better the next morning. Remember though, you shouldn't eat the onion afterward!

You're chopping vegetables in the kitchen and you cut your thumb. What should you do? Put a little black pepper on the cut, of course! It stops the bleeding and helps the cut get better. But you should only do this for small cuts. For anything serious, you should see a doctor.

Do you have regular headaches? Then you should always have an apple nearby. Some studies have found that the smell of green apples can help with headaches and can also make you feel less anxious.

Are you stressed? You should call your mom. A study by the University of Wisconsin showed that people who had more contact with their mother had lower levels of stress. So you shouldn't delay—call her today!

If you have a cough that won't go away, then you should eat some chocolate. Scientists say that chocolate contains a chemical that is better at stopping coughs than many cough medicines. So you shouldn't go to a pharmacy—go to a candy store.