

## Complete the sentences:

defensive overthinks negative mindset your chin up  
for the best in advance focusing on the negative confidence  
on the bright side doubt goes wrong anxiety  
bright future for the worst ray of hope despair boo  
down in the dumps

1. She loses \_\_\_\_\_ when speaking in public.
2. I have \_\_\_\_\_ that I will understand this difficult math task.
3. I always look \_\_\_\_\_, even in difficult situations.
4. After losing his job, he fell into \_\_\_\_\_ and stopped leaving his house.
5. My friend has a \_\_\_\_\_ and always complains about everything.
6. Even though I failed my exam, there is still a \_\_\_\_\_ that I can pass next time.
7. She always \_\_\_\_\_ small things and make them seem bigger than they are.
8. Stop \_\_\_\_\_, let's try to find a solution.
9. Don't give up! Keep \_\_\_\_\_ and stay positive.
10. Of course, I hope \_\_\_\_\_, but always prepare \_\_\_\_\_ to be ready for everything.
11. After failing her exam, she felt \_\_\_\_\_.
12. She is so clever and hardworking, I'm sure she'll have a \_\_\_\_\_.
13. Whenever something \_\_\_\_\_, he takes a deep breath and keeps calm.
14. We booked a room in a hotel \_\_\_\_\_ to avoid problems.
15. Using \_\_\_\_\_ pessimism can help manage \_\_\_\_\_ in high stress situations.
16. The audience began to \_\_\_\_\_ the comedian's jokes.