

Complete the sentences:

defensive overthinks negative mindset your chin up
for the best in advance focusing on the negative confidence
on the bright side doubt goes wrong anxiety
bright future for the worst ray of hope despair boo
down in the dumps

1. She loses _____ when speaking in public.
2. I have _____ that I will understand this difficult math task.
3. I always look _____, even in difficult situations.
4. After losing his job, he fell into _____ and stopped leaving his house.
5. My friend has a _____ and always complains about everything.
6. Even though I failed my exam, there is still a _____ that I can pass next time.
7. She always _____ small things and make them seem bigger than they are.
8. Stop _____, let's try to find a solution.
9. Don't give up! Keep _____ and stay positive.
10. Of course, I hope _____, but always prepare _____ to be ready for everything.
11. After failing her exam, she felt _____.
12. She is so clever and hardworking, I'm sure she'll have a _____.
13. Whenever something _____, he takes a deep breath and keeps calm.
14. We booked a room in a hotel _____ to avoid problems.
15. Using _____ pessimism can help manage _____ in high stress situations.
16. The audience began to _____ the comedian's jokes.