

There are many rules that we need to follow in our daily lives. Some rules are easy to remember, while others can be a bit tricky.

When you want to read more information on a website, you need to _____ the page. This means moving your mouse or finger downwards on your screen.

If you hear a noise behind you, you might _____ to see what's happening.

When you want to watch TV, you need to _____ by pressing a button on the remote control or on the TV itself. To _____, you press the same button again.

If you see something on the ground, you might _____ with your hands.

Sometimes, it's important to _____ so that you don't forget them. You can use a pen and paper to do this.

When you want to listen to music or a podcast, you can _____ the volume to make it louder. If it's too loud, you can _____ to make it quieter.

In conclusion, there are many different rules that we need to follow in our daily lives. By remembering these simple actions like turning on or off, picking up or putting down, turning up or down, scrolling down, and writing down, we can make our lives easier and more organized.