



BENEFITS OF CITY PARKS



1- Are the following benefits related to *health, social needs, environment, economy or connection*? Read and Write:

They promote **exercise**: _____

They help clean the **air**: _____

You can hang out with **friends**: _____

They improve **water** quality: _____

They reduce cardiovascular (**heart**) diseases: _____

They improve **mental health**: _____

It's a place for **kids and adults**: _____

You can have a **picnic**: _____

It's a **scape** from the busy city: _____

They are home to lots of **animals and plants**: _____

You can enjoy your **family**: _____

They help **cool our cities** reducing the "heat-island" effect : _____

They prevent **overweight**: _____

They promote **shops** and other **local business**: _____

You can **meet** other people: _____

You can **connect with nature**: _____