



## BENEFITS OF CITY PARKS



**1- Are the following benefits related to *health, social needs, environment, economy or connection*? Read and Write:**

They promote **exercise**: \_\_\_\_\_

They help clean the **air**: \_\_\_\_\_

You can hang out with **friends**: \_\_\_\_\_

They improve **water** quality: \_\_\_\_\_

They reduce cardiovascular (**heart**) diseases: \_\_\_\_\_

They improve **mental health**: \_\_\_\_\_

Its a place for **kids and adults**: \_\_\_\_\_

You can have a **picnic**: \_\_\_\_\_

It's a **scape** from the busy city: \_\_\_\_\_

They are home to lots of **animals and plants**: \_\_\_\_\_

You can enjoy your **family**: \_\_\_\_\_

They help **cool our cities** reducing the "heat-island" effect : \_\_\_\_\_

They prevent **overweight**: \_\_\_\_\_

They promote **shops** and other **local business**: \_\_\_\_\_

You can **meet** other people: \_\_\_\_\_

You can connect with **nature**: \_\_\_\_\_