

Health

Name _____ Date _____

1 Read the definitions and write the type of illnesses. Then write an example of each.

a. They last for a long time. _____: _____

b. They are caused by accidents, allergies, organ malfunction or poor nutrition. _____: _____

c. They appear rapidly and do not last for a long time.

_____: _____

d. They are usually caused by microorganisms.

_____: _____

e. They are caused by fungi. _____: _____



2 Match the infectious agents to the infectious illnesses and answer the question.

a.

b.

c.

d.

• Which illness can be treated with antibiotics? _____

3 Read the sentences and tick (✓) the ways of preventing illnesses.

a. Wash your hands before eating.

b. Eat lots of hamburgers and chips.

c. Follow the vaccination calendar.

d. Sleep less than 8 hours a night.

e. Practise sports every day



4 Use these words to complete the sentences.

organ transplants vaccines surgery blood transfusions medicines prostheses

- a. _____ can come in many forms, such as creams or pills.
- b. _____ are artificial body parts.
- c. _____ is to treat illnesses that cannot be cured with medicines.
- d. _____ contain the weakened or dead pathogen for a disease.
- e. _____ can be done for heart, kidneys and liver.
- f. _____ are very common during surgery.

5 Read and write *T* (true) or *F* (false).

- a. Drugs can change a person's mood and behaviour
- b. First aid provides basic steps to follow in case of an emergency.
- c. Alcohol and tobacco do not cause dependency.
- d. Accidents always happen outdoors.
- e. When we depend on a particular substance, we have an addiction.
- f. First aid procedures always save a person's life.

6 Read and complete the sentences.

move call 112 keep check give

- a. In an emergency situation stay calm and _____ if the area is safe.
- b. _____ the victim warm with a blanket.
- c. Do not _____ the victim any medicine.
- d. Don't _____ the victim any medicine.
- e. Look for an adult or _____ for help.

