

(5) FOOD, GLORIOUS FOOD!

ACTIVITY 1.

1  15 Read and listen to the restaurant review. What did the food critic eat?

Restaurant review: The Real Junk Food Café

Did you know that the UK throws away 15 million tonnes of food every year? A lot of that food is still fine to eat!

The Real Junk Food Café in West Yorkshire prepares meals with this food. So this week, I decided to visit it for lunch.

To be honest, I didn't like the idea at first because I was worried that the food wasn't fresh. But when my meal arrived, I really enjoyed it!

So, what did I order? I started with some salad, and then I tried the vegetable curry. After that, I ordered some cake and an orange.

The café shows us we can eat food that's two or three days old. With a little imagination, it can be delicious!



Answer the question: What did the food critic eat?

ACTIVITY 2: Match the words with the food.

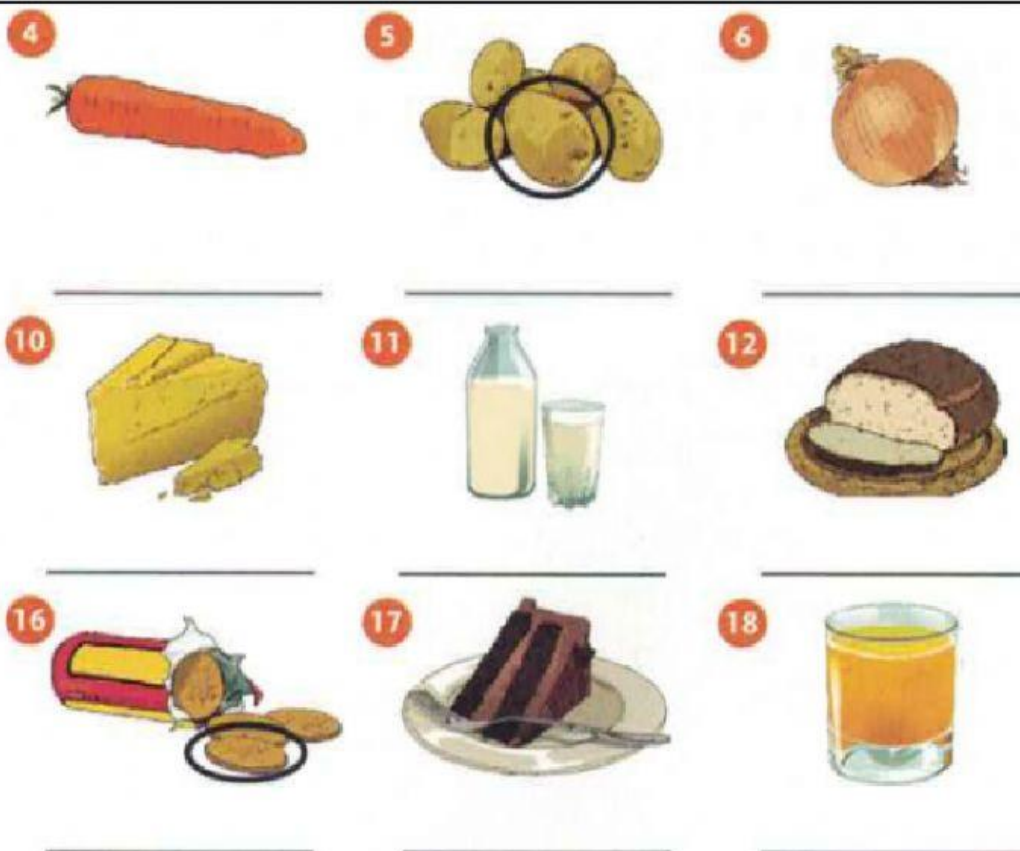
GROUP A

APPLE BEEF BUTTER CHICKEN EGG FISH LETTUCE ORANGE RICE

1 	2 	3 
<u>beef</u>		
7 	8 	9 
13 	14 	15 

GROUP B

BISCUIT BREAD CAKE CARROT CHEESE JUICE MILK ONION POTATO



ACTIVITY 3: Which of the groups has **COUNTABLE NOUNS** and which **UNCOUNTABLE NOUNS**?

COUNTABLE NOUNS are in _____. **UNCOUNTABLE NOUNS** are in _____.

ACTIVITY 4: Read the article and choose the best title.

- a) Junk food forever! b) Healthy meals at last c) The end of school lunches.

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In Britain, school lunches are cheap, but many students stopped eating them because they didn't like the food.

In many schools there was no choice. 'They only served one dish. If we didn't like it, we didn't eat anything,' said Olivia. 'I stopped going.'

Then schools brought in self-service canteens. 'These were fantastic because we could choose our meals,' said Joe. 'They served great things like burgers and chips, and pizza.' These canteens were popular and more students started having school lunches again.

Unfortunately, the food was very unhealthy. Some canteens stopped serving fruit and vegetables because students didn't eat them. At home, some students ate junk food, too.

Then a famous TV chef called Jamie Oliver started a TV show about school lunches. He told the country how bad some of the school lunches were for students. He visited schools and showed cooks how to make healthy meals. He got teenagers to try new things like spicy curry and unusual salads.

These days, most schools serve healthier food. There is always a choice of vegetables, fresh fruit, and nuts. The junk food problem still exists, but it is getting better.



ACTIVITY 5: Are the sentences T (true) or F (false)?

1. Students stopped having school lunches because they were expensive. _____
2. Olivia stopped having school lunches because she couldn't choose her food. _____
3. Joe's canteen served junk food. _____
4. Jamie Oliver was a chef in a school canteen. _____
5. His TV show was about school lunches. _____
6. _____

Watch an extract of [Jamie Oliver's Show](#).