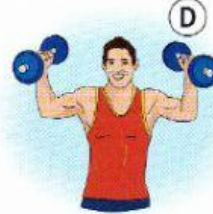


# Sports and Exercise

## Getting Ready

Match each picture with the correct word.



- |                       |                     |                         |                      |
|-----------------------|---------------------|-------------------------|----------------------|
| 1. windsurf <u>J</u>  | 4. play golf ____   | 7. play basketball ____ | 10. play soccer ____ |
| 2. play baseball ____ | 5. go to a gym ____ | 8. play volleyball ____ | 11. ride a bike ____ |
| 3. ski ____           | 6. play tennis ____ | 9. swim ____            | 12. run ____         |

## CD 1-41 Listening 1

People are talking about sports and exercise. Listen and number the pictures.



A.



B.



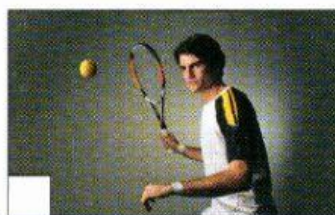
C.



D.



E.



F.



## Listening 2

### CD 1-42 ► Task 1

What sport or activity is the person talking about?  
Listen and circle the correct answer.

- |                            |                      |
|----------------------------|----------------------|
| 1. a. swimming             | 4. a. playing tennis |
| <b>b.</b> going to the gym | b. watching TV       |
| c. jogging                 | c. reading           |
| 2. a. playing volleyball   | 5. a. swimming       |
| b. playing golf            | b. jogging           |
| c. playing soccer          | c. windsurfing       |
| 3. a. playing baseball     | 6. a. diving         |
| b. playing soccer          | b. riding a bicycle  |
| c. playing tennis          | c. walking           |



### CD 1-42 ► Task 2

Listen again. What do you think each person says next?  
Circle the correct answer.

- |                                             |                             |
|---------------------------------------------|-----------------------------|
| 1. <b>a.</b> Yes, about three times a week. | 4. a. I know, but I'm lazy. |
| b. Yeah, I'm getting lazy.                  | b. No, thanks. I'm tired.   |
| c. Yeah, I'm tired.                         | c. Yeah, reading is fun.    |
| 2. a. Yeah, I'd love to.                    | 5. a. It's too hot.         |
| b. I enjoy skiing.                          | b. Yeah, I'd love to.       |
| c. Yeah, you're right.                      | c. I don't like the cold.   |
| 3. a. Volleyball is tiring.                 | 6. a. In the car.           |
| b. Volleyball. It's my favorite.            | b. In the morning.          |
| c. Tennis is expensive.                     | c. In the park.             |

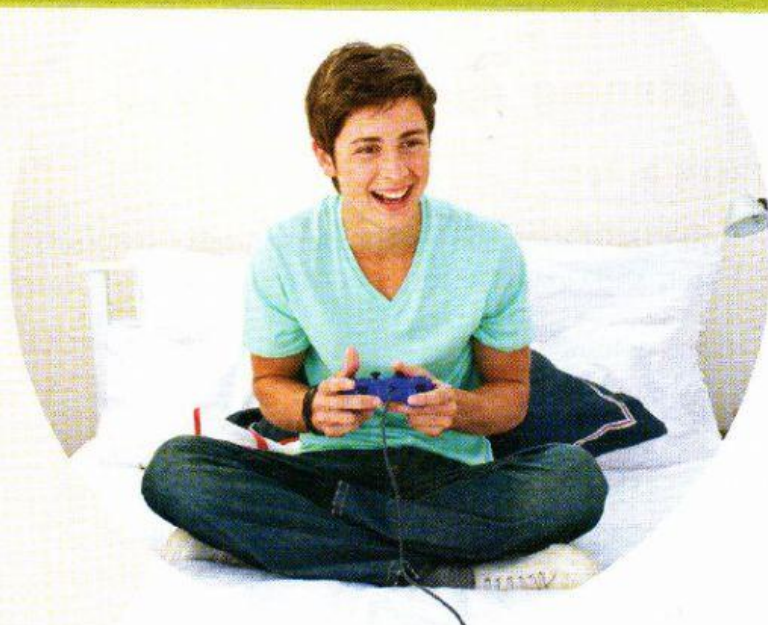


# Listening 3

## CD 1-43 ► Task 1

People are talking about how they spend their free time. Listen and check (✓) the correct information.

|           | Exercises<br>a lot                  | Exercises<br>a little    | Never<br>exercises       |
|-----------|-------------------------------------|--------------------------|--------------------------|
| 1. Bill   | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Liz    | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Victor | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Maria  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. David  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> |



## CD 1-43 ► Task 2

Listen again. Match the names on the left with the activities on the right.

- |                  |                      |
|------------------|----------------------|
| 1. Bill <u>c</u> | a. golfs             |
| 2. Liz ____      | b. bicycles          |
| 3. Victor ____   | c. plays baseball    |
| 4. Maria ____    | d. takes walks       |
| 5. David ____    | e. plays video games |

