

Reading Food Labels Vocabulary

Find the words in the puzzle.

G	T	K	W	J	D	V	I	T	A	M	I	N	S	H
N	C	V	D	N	Q	Q	Z	F	H	B	U	V	U	N
C	A	L	C	I	U	M	S	C	L	A	A	I	G	I
B	R	E	M	L	J	Z	N	H	F	R	V	N	A	R
T	B	H	L	T	N	E	M	O	I	S	L	G	R	O
K	O	Y	F	O	B	J	M	L	B	O	A	R	X	N
W	H	N	X	O	A	W	Q	E	R	D	B	E	A	I
X	Y	U	Q	I	O	O	C	S	E	I	E	D	C	N
I	D	T	K	C	E	D	A	T	K	U	L	I	I	I
I	R	R	T	C	A	D	L	E	X	M	M	E	E	X
X	A	I	S	Q	L	Y	O	R	Q	D	T	N	C	S
B	T	T	V	R	E	L	R	O	R	O	H	T	U	F
X	E	I	B	P	Y	I	I	L	R	P	R	S	B	W
N	Q	O	J	F	R	R	E	P	O	D	H	I	Y	H
T	N	N	R	U	S	T	S	S	Z	Z	K	D	K	Z

CALCIUM
CHOLESTEROL
INGREDIENTS
NUTRITION
SUGAR

CALORIES
FIBRE
IRON
PROTEIN
VITAMINS

CARBOHYDRATE
FOOD
LABEL
SODIUM