

3학년 __반 __번 이름: _____

A Get Ready

B Have () () that chewing ice is () () your teeth?

G No, I (). () is that?

B It can () your teeth. It can also make them too ().

B Listen and Choose

B You look tired. Did you get () ()?

G Yes, I did. I () () over seven hours.

B Okay. () did you go to bed?

G I went to bed after (), () ().

B That's () what is making you tired. () you () that when you go to bed is very ()?

G No, I (). Why is that?

B Scientists say that going to bed () can () you feel () the next day.

G I didn't know that.

B () the other (), going to bed early can () your memory and help you be () (). () now (), try to go to bed ().

C Listen and Speak

G () you () the () *body image*? It means "the () you see your own body." A () of teens have a () body image. They think they're too () or too thin () to others. However, I want you () () a positive body (). () your body as () is and () yourself () every day. Remember, there is only one (), so don't () yourself to (). Loving () can make a big () in your ().