	INSTITUTO UNIVERSITARIO DE CALDAS MANIZALES Sciences	Teacher: Diana Carolina Hernández S. Subject: English (Jornada Única) Class: 10th



Mental Health

Vocabulary

1. Match the words and phrases from **a-j** to their definition from **1-10**.

a. Mental illness	____	**1.** A thing that alerts people to an unsatisfactory situation and prompts them to remedy it.
b. Survey	____	**2.** A charitable fund, organization, foundation, or institution.
c. Suffer	____	**3.** A condition which causes serious disorder in a person's behaviour or thinking.
d. Wake-up call	____	**4.** An amount or value expressed in numbers.
e. Support	____	**5.** The use of medicines, surgery, etc., in curing a person of a disorder.
f. Treatment	____	**6.** (of a person) aged about 45 to 65.
g. Middle-aged	____	**7.** Size or extent.
h. Charity	____	**8.** A sampling of facts, figures, or opinions used to reveal and analyse information.
i. Figures	____	**9.** To feel pain or great distress.
j. Scale	____	**10.** Assistance or help.

Listening and Reading

2. Listen and fill in the spaces with the following words.

Researchers	Illness	Adults	charity	support	doctor
mental health	suffered	depression	per cent		

Up to half of adults suffer from mental illness.

This is Breaking News English.com

Britain's health service said that up to half of _____ have suffered from a mental illness. The Health Survey for England shows that 25 per cent of adults have had a _____ _____ problem and 18 per cent believe they have _____from one but have not seen a _____. A mental health expert said the survey is a "wake-up call" to make sure that people get mental health _____. He said: "Effective mental health treatment saves lives."

_____ questioned 5,000 adults and found that 26 ___ _____ of them were diagnosed with a mental illness. _____ was the most common form. Women are more likely to suffer than men. Over 40 per cent of middle-aged women have had an _____ at some time in their life. A mental health _____ said: "These are shocking figures...because the scale of mental illness is already known but too often ignored."

LIVEWORKSHEETS

Grammar and Writing



3. Put the words in the correct order to make the questions. Then answer the questions.

a. the What think read you you headline did when?

_____

_____

b. about Do your you mental ever health worry?

_____

_____

c. do What you mental know health about conditions?

_____

_____

d. healthy can stay mentally How we?

_____

_____

e. people's does affect lives How depression?

_____

_____

f. health problems Why are women more likely to develop mental?

_____

_____

g. health can affect What our everyday mental things?

_____

_____

LIVEWORKSHEETS