

PREBERI BESEDILO IN DOPOLNI SPODNJE POVEDI Z BESEDAMI IZ OKVIRČKA (POVLEČI BESEDE NA PRAZNA POLJA).

Can Smart Phones Harm Your Eyes?

Gone are the days when everyone used a telephone to make a call. Now most people rely on smartphones as the go-to gadget – and not just to chat. They text, play games and surf the internet. Young Brits are on their phones an average nine times an hour.

But as eye problems soar among under 25s, some doctors claim that smartphone addiction is partly to blame. And so is the overuse of computers, tablets, and flat-screen TVs, many of which emit blue-violet light, which is potentially toxic to the back of your eyes.

Recent tests show that over-exposure to blue-violet light can increase the chance of developing what is called a 'macular degeneration', a leading cause of blindness. It can also disrupt sleep patterns, affect moods and cause headaches.

What's the solution? "Get your eyes tested regularly and take regular breaks from your computer and phones," says optician Amanda Saint.

addicted smartphones

telephones illness

radiate screen

fall optician rise

generate health

1. People nowadays do not use _____ anymore.
2. We check our _____ many times an hour.
3. We can say that we are _____ to our smartphones.
4. There is a _____ in eye problems among youngsters.
5. The New Age gadgets _____ blue-violet light.
6. Being in contact with blue-violet light is what causes different _____ problems.
7. Macular degeneration is what can _____ blindness.
8. We should see the _____ more often.
9. We shouldn't sit behind a _____ for many hours straight.

DOPOLNI SPODNJE POVEDI Z BESEDAMI IZ OKVIRČKA (POVLECI JIH NA USTREZNA MESTA).

backup computer-literate crashed download file folder laptop
obsolete search engines social networks touch screen ~~virus~~ Wi-Fi

1. I got this warning message about a computer virus the other day. Do you think it's a hoax?
2. I admit it. I'm a pirate. I _____ films all the time.
3. A. Aaaaaah. I was in the middle of writing a very important essay and the computer just ... it just _____.
B. Did you have a _____ copy?
A. No, I didn't. I completely forgot. Now all the data is gone.
4. My new computer has got a _____ monitor. I just have to use my fingers to make it click or drag.
5. These days you need to be _____ to get a job.
6. My dad has just bought a _____ router. Now I can take my laptop and just lie on my bed or sit on a couch and chat with you.
7. I was told my printer is _____ and I can't get any parts for it.
8. Yahoo, Google and Bing are _____.
9. Facebook and Twitter are _____.
10. A: Oh, God! I can't find the paper about natural disasters anywhere. It's disappeared.
B: Didn't you save it in a _____ called naturaldisasters.com? I bet it's in the _____ called School Papers in My Documents.
11. My parents got me a new _____. It's an Apple. It's gorgeous.

a) Razvrsti odstavke neformalnega e-pisma po pravilnem vrstnem redu.

- (1) SUBJECT: **Rodney is back in London**
- () Cheers, mate!
- () Anyway, just writing 2 let u know that I'm coming back. I spent the last couple of months in France with Amy. Remember her? Well, it didn't work out, so I've decided to come back 2 London. I've managed 2 find a job. I'm gonna b working at the Jazz Café in Camden town. Brilliant, eh? I thought u'd like it since we spent like every weekend there. :D
- () Just thought I'd say - no worries if u say no. Would b great 2 catch up anyways... Gimme a ring, I've still got the same number. Or just drop by the Jazz Café...
- () Hey Brett,
- () Actually, there was something else... Do u reckon it would be possible 2 crash out at your place for a week or 2? Just until I find a proper place. U know what looking for rooms in London is like. Some places r real dumps. Dunno if it's possible, but just thought I'd ask.
- () Remember me, Rodney, the Aussie? How could u forget, we had such a laugh when I was here in London last summer, didn't we? How's it going, mate?
- (8) Rodney

b) Pri pisanju neformalnih e-pisem se je v angleščini pojavil t. i. **text speak** oz. okrajšave besed. Jih znaš razvozljati?

b4	→	Thinking of you
cul8r	→	No problem
np	→	Thanks
tx	→	Bye for now
cw2cu	→	Before
b4n	→	At the moment
toy	→	Laughing out loud
atm	→	Can't wait to see you
lol	→	See you later
g2g	→	Let me know
asap	→	As soon as possible
lmk	→	Got to go