

Name: _____

Grade: _____

Subject: Family and Consumer Science

Topic: Meat

1. What is the name used for food that comes from animal flesh? _____
2. What is the main nutrient that meat provides? _____
3. Culture, _____, _____, and geographical location determines if an individual will eat meat.
4. Which animal is not eaten in India and why?

5. Meat that comes from older animals are said to be _____.
6. The fat contained on meat is called _____.
7. Pork should be cooked and eaten _____.
8. Tough cuts of meat should be _____ or _____.
9. _____ the meat is a method used to tenderize tough cuts of meat.
10. Using a _____ to cook tough cuts of meat also help tenderize meat.