

## How often...? / Expressions of frequency

**Read the first sentence, then complete the second one in a way it has the same meaning.**

- 1 They study Art on Mondays and Fridays. They study Art \_\_\_\_\_ a week.
- 2 I go to the cinema every Sunday. I go to the cinema \_\_\_\_\_ a month.
- 3 She plays tennis on Tuesdays. She plays tennis \_\_\_\_\_ week.
- 4 My parents go to the supermarket on Saturdays. They go shopping \_\_\_\_\_ Saturday.
- 5 They have a holiday in the summer. They go on holiday once \_\_\_\_\_.
- 6 I brush my teeth after breakfast, lunch and dinner. I clean my teeth \_\_\_\_\_ day.

**Complete the sentences with an expression of frequency.**

- 1 Jake gets up early on Mondays, Tuesdays, Wednesdays and Thursdays.  
He gets up early four \_\_\_\_\_ a \_\_\_\_\_.
- 2 She watches TV seven days a week. She watches TV \_\_\_\_\_ day.
- 3 My parents go swimming every Saturday and Sunday.  
They go swimming \_\_\_\_\_ weekend.
- 4 My relatives visit us at Christmas and Easter. They visit us \_\_\_\_\_ a \_\_\_\_\_.
- 5 My English teacher gives us homework every Tuesday.  
She gives us homework \_\_\_\_\_ a \_\_\_\_\_.
- 6 My dad always cooks dinner on Sundays. He cooks dinner for everybody \_\_\_\_\_ a week.



**Write questions with the Present simple tense. Then give a personal answer by using an expression of frequency.**

- 1 How often / your parents / go shopping?
- 2 How often / your mum / cook pasta?
- 3 How often / you / go swimming?
- 4 How often / your dad / go to work?
- 5 How often / you / go on holiday?