

Suicide

Health & Family Life

Name: _____ Grade: 7

Instructions: Follow the prompt at the beginning of each question to provide the answer.

1. Most teens who attempt suicides do not really want to _____. (**Live, Die**)
2. If a friend tells you he/she is considering suicide and swears you to secrecy, you should _____. (**Be quiet, Tell someone**)
3. The risk of suicide _____ dramatically when teens have access to guns at home. (**increases, decrease**)
4. If you or a friend is feeling suicidal, as soon as possible, it is **BEST** to: _____
 - a. call a suicide crisis helpline
 - b. a parent or relative
 - c. a school counsellor
 - d. anyone above
 - e. no one at all
5. If your friend is suicidal it is **LEAST** helpful to say: _____
 - a) Don't worry this will blow over by tomorrow.
 - b) I'm concerned about you.
 - c) I know where we can get help.
 - d) I'm going to stay with you.



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