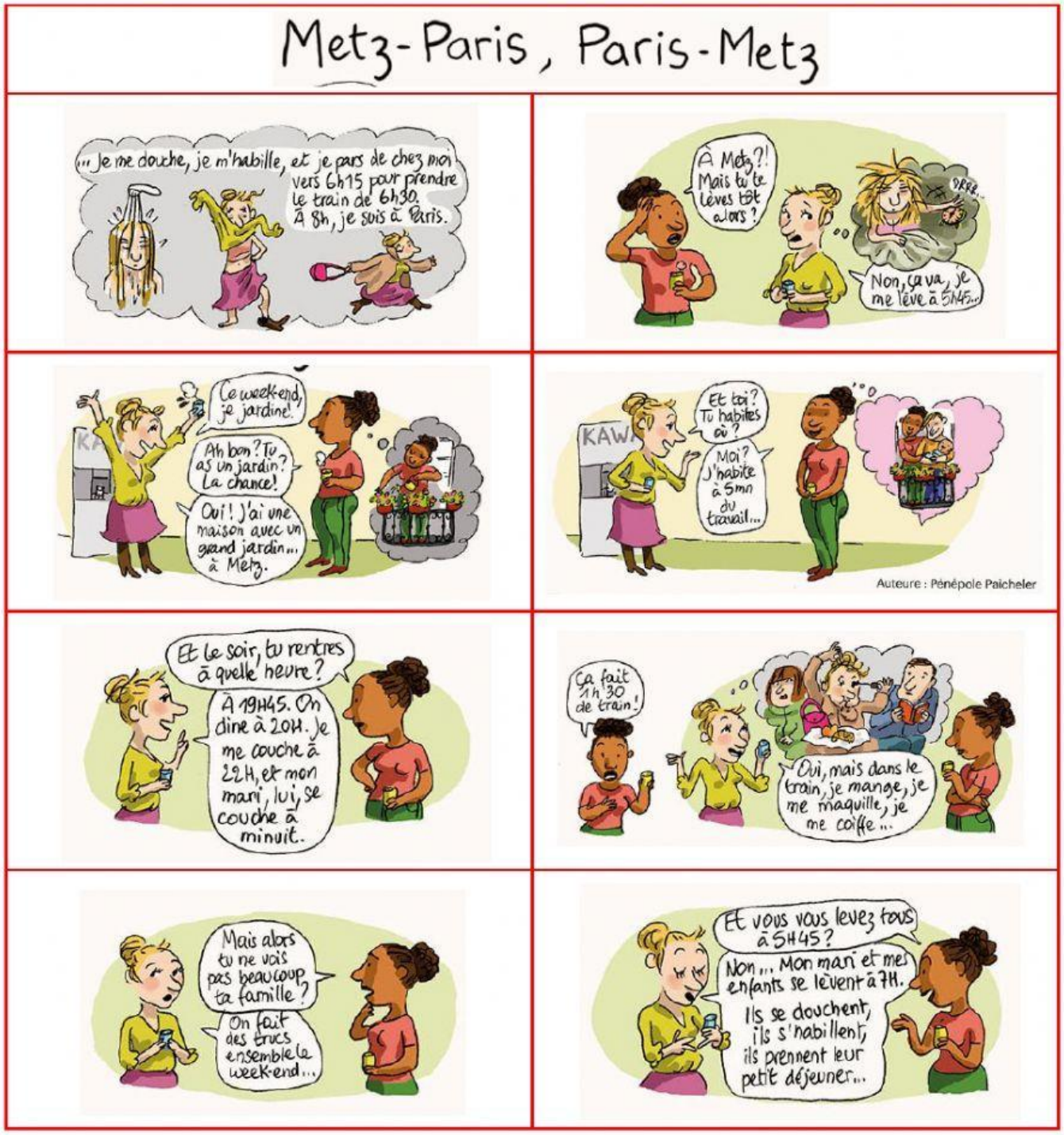Parler de ses habitudes (Défi 1 – Page 78)