

Decide if the information on your cards is true or false.

True	False

 All older people start to become senile (suffer memory loss).	 Older people need a different diet to stay healthy.	 If you look after your teeth properly you won't lose them all when you are old.
 In old age, it is normal to be sick.	 Older people need to exercise.	 Older people can learn new skills.

 The changes people go through as they get old are different for each person.	 There is nothing you can do when you are younger to be healthier when you are older.	 Older people can't look after themselves.
 All older people need help to walk.	 Humans start to age at 60.	 Old age is the final stage of development for humans.