

FIRST AID



1. What is the **emergency number** in Spain and Europe? Write.

2. Complete the text.

blood

smoking

active

cholesterol

vessels

A heart attack is produced by a blockage of _____ flow. This blockage is usually caused by _____ and fat accumulated in the blood _____.

You can prevent it avoiding bad habits like _____ and having a healthy diet and being _____.

3. Order the steps to treat a deep cut.

1

2

3

4

5



Cover with a
bandaid



Press



Dry